



Department
for Environment
Food & Rural Affairs

NATIONAL FOOD SURVEY: BLANK DIARIES, SURVEY QUESTIONNAIRES AND CODING NOTES

There is little background material held by Defra on the National Food Survey. Fortunately, a copy of the data, together with a copy of a blank food diary (known as the log-book), the household questionnaire (known as the schedule) and the coding notes used for transferring the raw data to computer was supplied each year to the United Kingdom Data Archive, now known as the UK Data Service. The data and background information continues to be available for academic or commercial research under licence, and we are grateful for this, as it has enabled us to interpret much of the gaps in our knowledge and records.

Here is a copy of the blank diary, questionnaire and coding notes from 1990, taken from the UK Data Service holding for National Food Survey 1990.

Please note that all of the questions on the household questionnaire will not necessarily be reflected in the content of the datasets we are making available. You'll see that there are references to "Housewife" throughout the diary and this (and other terms such as "Head of Household") reflects those in common usage at the time of the survey. In later years this was changed to "Main Diary Keeper".

Some of the original log-books are preserved in the National Archive at Kew, dating back as far as 1940. A record for the holdings is here:

<http://discovery.nationalarchives.gov.uk/details/r/C10495>

Link to UKDS record for the 1990 National Food Survey database, available under an End User Licence:

<https://discover.ukdataservice.ac.uk/catalogue/?sn=2949&type=Data%20catalogue>

Further information: <mailto:familyfood@defra.gsi.gov.uk>

NATIONAL FOOD SURVEY 1990

TO BE COMPLETED AT FIRST INTERVIEW

EXPLAIN THE PURPOSE OF THE SURVEY BUT DO NOT MENTION KEEPING A RECORD BOOK UNTIL AFTER THE INTERVIEW

A REGION

A		
---	--	--

B AREA

--	--	--

C PERIOD

--	--

[D AREA TYPE]

--

E SERIAL NO OF HOUSEHOLD

--	--

F Date of first interview
(2 digits for day, month and year)

--	--	--

G Can you tell me how much you spent on food for your household last week?
(Excluding cleaning materials, cigarettes, and food for pets)

	£	p
1		

H Do you have a microwave oven?

Yes = 1

If No, leave blank

2	
---	--

I Do you have a deep freezer - that is a *separate* deep freezing unit, (not a refrigerator frozen food compartment)?

3	
---	--

Yes = 1

If No, leave blank

J Do you grow any of your vegetables or fruit?

Yes Y
No X

IF YES (Y)

(a) Where?

PROMPT EACH IN TURN

Garden Y X
Allotment Y X
Farm Y X

(b) Have you a **store** of home-grown vegetables or fruit?
PROMPT EACH IN TURN

	Yes	No
Potatoes	Y	X
Beans	Y	X
Sprouts	Y	X
Peas	Y	X
Greens	Y	X
Carrots	Y	X
Beetroot	Y	X
Onions	Y	X
Tomatoes	Y	X
Apples	Y	X
Pears	Y	X
Bottled own fruit	Y	X
Jam from own fruit	Y	X
Any other SPECIFY	Y	X

No to all X

K1 Have you your own hens, ducks or geese?

Yes Y
No X

K2 Do you have a store of honey from your own hives?

Yes Y
No X

INTERVIEWER'S NAME

AUTH NO

10-DAY PERIOD BEGINNING

--	--	--

LOCAL AUTHORITY

NOTE IF HOUSEWIFE HAS STOCKS OF HOME-PRODUCED FOODS (QNS J & K2), REMEMBER THE QUANTITY OF THE FOOD TAKEN *FROM STORE* SHOULD BE ENTERED IN THE LOWER PANEL OF THE RECORD BOOK ON THE DAY IT IS TAKEN OUT OF STOCK FOR HOUSEHOLD USE

SOCIAL SURVEY DIVISION, OPCS
St Catherines House,
10, Kingsway,
London,
WC2B 6JP

**COMPLETE AT
FINAL VISIT**

Try to get *net* incomes
After deductions = net
Before deductions = gross

[illegible]

EXAMPLE PAGE

FOOD COMING INTO HOME

DAY

FOOD BOUGHT AT NORMAL PRICES

Oz, lbs, pints, or number	Grammes, kilos or litres	DESCRIPTION OF FOOD <i>Please describe ITEM in full and give BRAND Use one line for each ITEM</i>	TOTAL COST		PLEASE LEAVE BLANK		
			£	p	Food	Q	
6		Eggs - free range		96			1
1pt		Vita Pint (Blue Carton semi-skimmed milk)		29			1
2x28ozs		Sunblest sliced white loaves	1	04			1
16ozs		Weetabix - Family Pack		77			1
1lb		Frying Steak - fresh	4	50			1
1lb		Pork chops - on bone - frozen	1	50			1
1lb		Danish bacon, streaky, Loose	1	54			1
12ozs		Jar Baxter's Sliced Beetroot		42			1
	2x580gms	Tins Heinz baked beans		96			1
	200gms	Ross frozen cod steaks in natural crumbs		98			1
1lb		Walls beef sausages - uncooked		98			1
1lb 2oz		Cucumber		76			1
	150gms	Ski fruit yoghurt		28			1
	2x250gms	Krona Double Blend		80			1
	250gms	Kerrygold butter - Irish		57			1
1 1/2 lb		Runner beans - fresh		38			1
	2x283gms	Lin-Can tinned garden peas		60			1
14oz		3 eating apples - loose		39			1
	1 litre	Robinson's orange squash		84			1
3x4oz		3 pieces of fried cod from fish and chip shop	2	55			1
3x4oz		3 portions of chips " " " " "	1	35			1
12 cubes= 2 1/2 ozs		Oxo cubes		53			1
	411gms	Libby's tinned peaches in syrup		42			1

HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

Oz, lbs, pints, or number	Grammes, kilos or litres	DESCRIPTION OF FOOD	SOURCE Garden, farm, school, clinic employer own business etc	FREE OR COST		PLEASE LEAVE BLANK		
				£	p	Food	Q	Free
1/3 pint		Milk	School	Free				
2lbs		Potatoes	Garden Store	Free				
1lb		Jam, Strawberry	Fruit, garden	Free				
		from own fruit	grown					
2oz		Radishes	Garden grown	Free				

FOR OFFICE USE

SCHOOL	SCHOOL MEALS (PROVIDED)		MEALS	MEALS ON WHEELS	
CHILDREN'S	PACKED LUNCHES		OUT, EXCL	TOTAL MIDDAY MEALS OUTSIDE HOME	
LUNCHES	OTHER LUNCHES BOUGHT OUTSIDE HOME		PACKED	TOTAL MEALS OUTSIDE HOME	
			LUNCHES		

REMINDER ABOUT RECORDING WHAT YOU BUY

The left-hand page (opposite)

It will help us very much if you make sure that you put down all the food you buy on the day you buy it

In each case we should like to know, if possible, the exact amount or weight (in lbs and ozs or kilos and grammes, pints or litres and the number of items) and the exact total cost

It would be very helpful if you would put down details of the type of food. For, example, if you bought sausages you could have chosen either pork or beef sausages. Bread can be white, brown or wholemeal, etc., and sliced or unsliced, wrapped or unwrapped. The more details like this which you can give, the better. Brand names are particularly helpful.

An example of the detail we would like to know, if possible, is given opposite

We realise that you may not buy as many items as we show when you go shopping and that you may not buy the same items as we have listed. We have simply shown as many examples of different foods as we can so that you are clear about the details we need.

The right-hand page (opposite)

Please write in a detailed description of each meal served at home, together with the number of people eating it, and an account of how many members of your Household who did **not** eat it obtained a meal. Thus everyone in the Household should be accounted for at each meal, as well as any visitors.

The kind of detail we want is that which would be found on a normal menu. We do not need the ingredients of made-up dishes, but the ingredients of salads should be itemised. Quantities are not required. There is no need to distinguish between things eaten by everyone and things eaten by certain members only.

If a member of your household has a packed meal for, say, their mid-day meal, note the sex and age of the individual in the space provided, and write briefly the content of that packed meal at the bottom of the page. See example opposite.

THANK YOU FOR YOUR TIME AND TROUBLE.

MEALS

EXAMPLE PAGE

	1	2	3	4																											
	BREAKFAST	MID-DAY MEAL	TEA OR AFTERNOON MEAL	EVENING MEAL OR SUPPER																											
What did you serve?	Cornflakes Toast Milk Tea Sugar Margarine	Whiting - fillet Peas - frozen Chips - home made Bread Margarine Squash	Scrambled eggs Toast Margarine Tea Sugar Milk Raspberries Strawberry jam	Pizzas Sausages Fried Tomatoes Bread Margarine Coffee Sugar Milk																											
How many of the people on the front of this book ate the meal at home?	Number of people 5	Number of people 2	Number of people 3	Number of people 5																											
Did you have any visitors for this meal? FEMALE = F MALE = M	VISITORS TO BREAKFAST <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> </tr> </tbody> </table>	SEX	AGE			VISITORS TO MID-DAY MEAL <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr> <td>F</td> <td>70</td> </tr> </tbody> </table>	SEX	AGE	F	70	VISITORS TO TEA <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr> <td>F</td> <td>70</td> </tr> </tbody> </table>	SEX	AGE	F	70	VISITORS TO EVENING MEAL <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr> <td>M</td> <td>20</td> </tr> </tbody> </table>	SEX	AGE	M	20											
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Contents of a packed meal? Who did not have a meal? FEMALE = F MALE = M		Sandwich Brown bread, beef and butter Radishes Kit-Kat Apple	M 16 } No tea M 37 }	5																											

FOOD COMING INTO HOME

DAY

-1

FOOD BOUGHT AT NORMAL PRICES

[illegible]

HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

[illegible]

FOR OFFICE USE

SCHOOL	SCHOOL MEALS (PROVIDED)		MEALS	MEALS ON WHEELS	
CHILDREN'S	PACKED LUNCHES		OUT, EXCL	TOTAL MIDDAY MEALS OUTSIDE HOME	
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FOOD COMING INTO HOME

DAY

-2

FOOD BOUGHT AT NORMAL PRICES

[illegible]

HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

[illegible]

FOR OFFICE USE

SCHOOL CHILDREN'S LUNCHES	SCHOOL MEALS (PROVIDED)		MEALS OUT, EXCL PACKED LUNCHES	MEALS ON WHEELS	
	PACKED LUNCHES			TOTAL MIDDAY MEALS OUTSIDE HOME	
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FOOD COMING INTO HOME

DAY

-3

FOOD BOUGHT AT NORMAL PRICES

[illegible]

HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

[illegible]

FOR OFFICE USE

SCHOOL CHILDREN'S LUNCHES	SCHOOL MEALS (PROVIDED)		MEALS OUT, EXCL PACKED LUNCHES	MEALS ON WHEELS	
	PACKED LUNCHES			TOTAL MIDDAY MEALS OUTSIDE HOME	
	OTHER LUNCHES BOUGHT OUTSIDE HOME			TOTAL MEALS OUTSIDE HOME	

FOOD COMING INTO HOME

DAY

FOOD BOUGHT AT NORMAL PRICES

[illegible]

HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

[illegible]

FOR OFFICE USE

SCHOOL CHILDREN'S LUNCHES	SCHOOL MEALS (PROVIDED)	MEALS OUT, EXCL PACKED LUNCHES	MEALS ON WHEELS
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FOOD COMING INTO HOME

DAY

-4

FOOD BOUGHT AT NORMAL PRICES

[illegible]

HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

[illegible]

FOR OFFICE USE

SCHOOL	SCHOOL MEALS (PROVIDED)		MEALS OUT, EXCL	MEALS ON WHEELS	
CHILDREN'S	PACKED LUNCHES		PACKED	TOTAL MIDDAY MEALS OUTSIDE HOME	
LUNCHES	OTHER LUNCHES BOUGHT OUTSIDE HOME		LUNCHES	TOTAL MEALS OUTSIDE HOME	

MEALS

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FOOD COMING INTO HOME

DAY

-5

FOOD BOUGHT AT NORMAL PRICES

[illegible]

HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

[illegible]

FOR OFFICE USE

SCHOOL CHILDREN'S LUNCHES	SCHOOL MEALS (PROVIDED)		MEALS OUT, EXCL PACKED LUNCHES	MEALS ON WHEELS	
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FOOD COMING INTO HOME

DAY

-7

FOOD BOUGHT AT NORMAL PRICES

[illegible]

HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

[illegible]

FOR OFFICE USE

SCHOOL CHILDREN'S LUNCHES	SCHOOL MEALS (PROVIDED)		MEALS OUT, EXCL PACKED LUNCHES	MEALS ON WHEELS	
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WERE THERE ANY SPECIAL CIRCUMSTANCES ABOUT THIS WEEK'S SHOPPING? `

NOTES

		PLEASE LEAVE BLANK					
BREAD	POTATOES						
Separate delivery charge	Bought in bulk						

NATIONAL FOOD SURVEY19901. Basic data

The basic data are gathered from two documents.-

- (i) family and personal details taken from the NFS schedules;
- (ii) details of purchased or free food taken from the NFS log-books.

The question numbers and answers for each household are keyed to disc and then put on magnetic tape in the order as printed on the schedule (omitting both items if the question is unanswered), followed by the food code details from the log-book. All the information for all the households in one cycle is keyed on to one reel of magnetic tape.

2. Generated data

The computer program validates the punched data and indicates any inconsistencies (eg, wrong question numbers, food codes which are not in current use, abnormally large quantities, etc). For records which are totally acceptable, certain additional household and personal details are generated, and a permanent record is written to a magnetic disc file. (All records are eventually preserved on a special magnetic tape). The permanent record includes a fixed area containing details such as region, area, cycle number, total purchase value, etc., followed by two variable length areas. The first of these records, for each person and visitor, the age, sex, occupation code, whether working, nutrient code and net balance. The second contains all details from the left-hand pages of the log-books, in the same sequence, including the day of survey/day of week marker and, for each food acquisition, the food code, purchase/free code, quantity and purchase value.

- 3. Appendix A gives the classification of occupations.
- 4. Appendix B lists the Local Authority Districts being surveyed.
- 5. Appendix C lists the food codes in current use.
- 6. Appendix D is the timetable.
- 7. Appendix E lists the field dates.

National Food Survey
Economics & Statistics (Food) Division
Whitehall Place (West)
SW1A 2HH

January 1990

NFS 1466

FELAAR

A. HOUSEHOLD AND PERSONAL DETAILS
TAKEN FROM SCHEDULE

<p>'A' to 'E' on schedule</p>	<p><u>Serial Number of the log-book completed by the housewife</u></p> <p>A. One digit code denoting the standard) statistical region.) These two codes together B. Three digit code denoting the area) denote the area (local (local authority district) within) authority district) - see the region.) Appendix B. C. Two digit period code (the periods are successive 10 day sampling periods throughout the year). D. One digit "type-of-area" (sample class) code 1. Greater London 2. The Metropolitan districts and the Central Clydeside conurbation <u>Non-Metropolitan districts</u> 3. Local authority districts with an electoral density of 7 or more electors per acre 4. Local authority districts with an electoral density of 3 but fewer than 7 electors per acre 5. Local authority districts with an electoral density of 0.5 but fewer than 3 electors per acre 6. Local authority districts with an electoral density of fewer than 0.5 electors per acre E. Serial number of household in area (local authority district) A distinguishing number (from 1 upwards) allocated to each household for each period/area group.</p>
<p>'F' on schedule</p>	<p><u>Date of first interview</u> day, month and year (2 digits each day, month and year)</p>

'A' continuedExpenditure in previous week

1 Amount of money spent on food during preceding week, expressed in £'s to 2 decimal places. Don't know, etc, coded 9.

2 Microwave oven in the household

Yes = 1
If no, left blank

3 Deep-freezer in the household

Yes = 1
If no, left blank

Computer code

Owns microwave only	=	1
" freezer "	=	2
" both	=	3
" neither	=	4

	Person No (a)	Sex	(b) Age	(c) Whether Working	(d) Occupation	(e) Net Balance
4-8	(1)	4	5	6	7	8
9-13	(2)	9	10	11	12	13
14-18	(3)	14	15	16	17	18
19-23	(4)	19	20	21	22	23
24-28	(5)	24	25	26	27	28
29-33	(6)	29	30	31	32	33
34-38	(7)	34	35	36	37	38
39-43	(8)	39	40	41	42	43
44-48	(9)	44	45	46	47	48
49-53	(10)	49	50	51	52	53
54-58	(11)	54	55	56	57	58
59-63	(12)	59	60	61	62	63
64-68	(13)	64	65	66	67	68
69-73	(14)	69	70	71	72	73

74

Ownership of dwelling

- 1 - Unfurnished, council
2 - Unfurnished, other, rented
3 - Furnished, rented
4 - Rent free
5 - Owns outright
6 - Owns with mortgage

	(f) Visitor No	Sex	(b) Age	(d) Occupation	(e) Net Balance
75-78	(1)	75	76	77	78
79-82	(2)	79	80	81	82
83-86	(3)	83	84	85	86
87-90	(4)	87	88	89	90
91-94	(5)	91	92	93	94
95-98	(6)	95	96	97	98
99-102	(7)	99	100	101	102

'A' continued

- Notes. (a) A person is anyone who spends at least four nights in the household during the week of Survey and also has at least one meal a day from the household food supply on at least four days, except that if he/she is the head of the household, the "cross-over" head of household or the housewife, he or she is regarded as a person, in all cases.
- (b) If the age is not given, coded as 999
- (c) Whether working:
- (F) Full-time worker = 1 or, if pregnant, 6
- (P) Part-time worker = 2 ", " ", 7
- (N) Non-worker = 0 ", " ", 5
- (U) Unemployed temporarily = 3 ", " ", 8
- (SH) Sick temporarily = 4 ", " ", 9
- (d) Occupation. A four-digit NFS code derived from the Registrar-General's coding of occupation. An additional (5th) digit has been assigned to the occupation-code to indicate the degree of activity for males between the ages of 18 and 64 years. Details are given in Appendix A.
- (e) Net balance. A net balance is a mathematical expression of the number of meals consumed from the household supplies. A person having all his meals at home during the week (including packed meals provided by the housewife) is said to have a total net balance of 1.00; when meals are obtained from elsewhere deductions are made from this total to give a "net balance" of meals eaten at home by that person. The scale of deductions used for this purpose is as follows.
- | | (per day) | |
|-----------|-----------|---|
| Breakfast | .03 | |
| Dinner | .04 | |
| Tea | .02) | These weights are interchangeable |
| Supper | .05) | whichever meal is the larger; if only one evening meal is taken, the two weights are combined |
- (f) Visitor. A visitor is anyone who does not qualify as a person (see note (a) above) but has at least one meal from the household food supply during the week of Survey.

Question No
on Schedule

103

Total persons. The total number of all persons (excluding visitors) in the household during the Survey week.

'A' continued

Question No
on Schedule

104 Total visitor lines. The total number of lines (starting with question Nos 75, 79, 83, 87, 91, 95 and 99) on which visitors (as defined in note (f) above) are recorded.

105 Cross over HOH

When this situation occurs (see 106) the line number of the cross over HOH from section L is entered (ie 4,9,14 etc).

106 Income group of the head of the household (or principal earner).

Income groups are based on the gross weekly income of the head of household, except that if the gross weekly income (earned or unearned) of the head of household is less than £125 and the household contains one or more earners, one at least of whom has a weekly income of £125 or more, the income group is then based on the gross weekly income of the principal earner. In the latter case question 105 indicates the principal earner (cross over head).

The income ranges are revised periodically and, in 1990, are:

BMRB
Code

1	(A1)	= £645 or more) with one or
2	(A2)	= £475 but less than £645) more earners
3	(B)	= £250 " " " £475) in the
4	(C)	= £125 " " " £250) household
5	(D)	= Less than £125)
6	(E1)	= £125 or more) with no earner
7	(E2)	= Less than £125) in the household
8	(OAP)	= Pensioner households (ie households in which at least three-quarters of the <u>total</u> income is derived from N.I. retirement or similar pensions and/or supplementary pensions or allowances paid in supplementation or instead of such pensions). Such households will include at least one person over retirement age.	

Computer code

		1
		2
		3
		4
		5
		6
		7
OAP	(1 person)	8
"	(1 male & 1 female)	9
"	(all others)	10
A1 + A2		11
All OAP		12

107 Number of earners in the household.

108 Occupation of the head of the household (or principal earner).

This is a four-digit NFS code derived from the Registrars-General's coding of occupations. Details are given in Appendix A.

109 Total weekly net family income in £'s to one decimal place. "Not known" is punched 9.

	<u>'A' continued</u>	
Question No on schedule		
110	<u>Family income type</u> , showing the exactness of the information regarding the composition of the family income.	
	1 = each person's income given to investigator as net, actual	
	2 = each person's income given to investigator as net, estimated	
	3 = each person's income given to investigator as gross, actual	
	4 = each person's income given to investigator as gross, estimated	
	5 = mixed (ie. any combination of above)	
	6 = mixed (ie, any combination of codes 1 to 4, plus one imputed)	
	7 = one income only in the household imputed	
	8 = one or more earners temporarily sick or unemployed	
	9 = don't know (ie one or more incomes not given)	
111	<u>Gross weekly income of the head of household</u> (or principal earner)	
	Expressed in £'s to one decimal place when income has been shown on the schedule as gross, actual or estimated, or net, actual (converted to gross) Where income has been shown as net, estimated, or where it is not possible to impute an income, 9 is punched.	
112	<u>Head of household</u>	
	Question number on schedule (4, 9, 14 etc) denoting sex of person who is "head of household" and therefore identifying personal details of that person.	
113	<u>Housewife</u>	
	Question number on schedule (4, 9, 14 etc) denoting sex of person who is the housewife and therefore identifying personal details of the housewife.	
114	Not used.	
115	<u>Income Support</u>	
	1 = household in receipt of Income Support	
116	<u>Family Credit</u>	
	1 = household in receipt of Family Credit	
117	Not used	
118	<u>Employment status of head of household</u>	
	1 = head of household unemployed at time of Survey	
	2 = otherwise.	

Computer code.	
I.S. only	= 1
F.C. "	= 2
Both	= 3
Neither	= 4

B. HOUSEHOLD AND PERSONAL DETAILS

GENERATED IN THE COMPUTER

1. Household composition code

1. 1 adult only
2. 1 adult, 1 or more children
3. 2 adults only
4. 2 adults, 1 child
5. 2 adults, 2 children
6. 2 adults, 3 children
7. 2 adults, 4 or more children
8. 3 adults only
9. 4 or more adults only
10. 3 or more adults, 1 or 2 children
11. 3 or more adults, 3 or more children
12. (8 + 9), 3 or more adults
13. (6 + 7 + 11), 2 or more adults, 3 or more children

Note: Young couples, where one or both are under 18 years, but not under 16 (against questions 112 and 113 on the schedule), will be treated as if they were both adults.

2. Registrars-General's social class

NFS Code

- 1 = Armed Forces, retired or not gainfully occupied, or no information
- 2 = I = Professional, etc, occupations
- 3 = II = Intermediate occupations
- 4 = III = Skilled occupations
- 5 = IV = Partly skilled occupations
- 6 = V = Unskilled occupations

The Registrars-General's social classes are defined in terms of occupation of the head of the household as shown in Appendix A.

'B' continued

3. Registrars-General's socio-economic group

This is based on the occupation of the head of the household or in certain cases (see question 106 above) that of the principal earner.

NFS Code

- | | | |
|----|---|---|
| 1 | = | Retired or not gainfully employed |
| 2 | = | (1), (2), (12) Employers, managers and own-account workers (other than professional non-agricultural) |
| 3 | = | (3) Professional workers, self-employed |
| 4 | = | (4) " " , employees |
| 5 | = | (5) Intermediate non-manual workers |
| 6 | = | (6) Junior non-manual workers |
| 7 | = | (7) Personal service workers |
| 8 | = | (8) Foreman and supervisors, manual |
| 9 | = | (9) Skilled manual workers |
| 10 | = | (10) Semi-skilled manual workers |
| 11 | = | (11) Unskilled manual workers |
| 12 | = | (13), (14) Farmers, whether or not employing non-family labour |
| 13 | = | (15) Agricultural workers |
| 14 | = | (16) Members of armed forces |
| 15 | = | (17) Occupation inadequately described/no information |

The relationship between the Registrars-General's socio-economic groups and the occupation of the head of the household (or principal earner) is shown in Appendix A.

4. Age of housewife

- | | | |
|---|---|---------------------|
| 1 | = | aged under 25 years |
| 2 | = | " 25 to 34 years |
| 3 | = | " 35 to 44 years |
| 4 | = | " 45 to 54 years |
| 5 | = | " 55 to 64 years |
| 6 | = | " 65 to 74 years |
| 7 | = | " 75 years and over |
| 8 | = | age not known |

5. Age of head of household

- | | | |
|---|---|---------------------|
| 1 | = | aged under 25 years |
| 2 | = | " 25 to 34 years |
| 3 | = | " 35 to 44 years |
| 4 | = | " 45 to 54 years |
| 5 | = | " 55 to 64 years |
| 6 | = | " 65 to 74 years |
| 7 | = | " 75 years and over |
| 8 | = | age not known |

6. Socio-economic groupings ("Professional" or "non-professional" indicator)

- | | | |
|---|---|---|
| 1 | = | Registrars-General's social classes I and II ("Professional") |
| 2 | = | " " " " III, IV or V ("non-professional") |

7.

FELAAR

'B' continued

7. Grouping of households for income elasticity calculations*

- 1 = 1 adult aged under 55 years
- 2 = 1 adult aged 55 years and over
- 3 = 2 adults, housewife aged under 55 years
- 4 = 2 adults, housewife aged 55 years and over
- 5 = 2 adults and 1 child
- 6 = 2 adults and 2 children
- 7 = 2 adults and 3 children
- 8 = 2 adults and 4 children
- 9 = 3 adults
- 10 = 4 adults
- 11 = 3 adults and 1 child
- 12 = 4 adults and 1 child

*Code is only allocated to households declaring a net family income; other households are given code zero.

8. Persons in household with a declared family income

9. Number of pregnant women

10. Month (NFS)

Numbered from 1 to 12

11. Cross-over head of household (see Section A, question 105)

12. Number of.

OAPs
adult males
adult females
children aged 16-17
" " 12-15
" " 8-11
" " 5-7
" " 1-4

Infants

13. Household composition x income groups

Adults only	/I/GA1 + A2)	
1 adult + children	/)	
2 adults + 1 child	/I/G B)	
2 adults + 2 children	/)	28 groups
2 adults + 3 children	/I/G C)	
2 adults + 4 or more children	/I/G D + E2)	
3 or more adults + children	/)	

14. Household composition x income groups

In full (including combinations of groups)

Household composition (11 groups - see 1 above))	110 groups
Income groups (10 groups - see Section A, 106))	

'B' continued

15. Type of area x income groups

In full (including combinations of groups)

Type of area (6 groups - see Section A, D on page 1)) 72 groups
Income groups (12 groups - see Section A, 106))

16. Type of area x household composition

In full (including combinations of groups)

Type of area (6 groups - see Section A, D on page 1)) 72 groups
Household composition (12 groups - see 1 above))

17. Type of area x region

(including combinations of groups)

Type of area (6 groups* - see Section A, D on page 1)) 57 groups
Region (11 groups - see Section A, 3))

*London analysed only for 1) South East
2) East Anglia

18. Employment status of head of household (HOH) x household composition

Adults only)
1 adult + children)
2 adults + 1 child)
2 adults + 2 children)
2 adults + 3 children) 16 groups
2 adults + 4 or more children)
2 adults + children)
3 or more adults + children)
Employment status (2 groups - see Section A, 118))

19. Employment status of HOH x regions

Scotland)
Wales)
England)
North)
Yorkshire and Humberside)
North West)
East Midlands) 20 groups
West Midlands)
South West)
South East/East Anglia (combined))
Employment status (2 groups - see Section A, 118))

'B' continued

20. Employment status of HOH x sample class

Sample class (7 groups - see Section A, page 1))	14 groups
Employment status (2 groups - see Section A, 118))	

21. Employment status of HOH x income groups

A1 and A2)	
B)	
C)	
D)	16 groups
E1)	
E2)	
E1 and E2)	
OAP)	
Employment status (2 groups - see Section A, 118))	

22. (a) Total expenditure for previous week

(b) " family income

(c) Occupation - head of household

(d) Income of head of household

(e) Expenditure during week

(f) "Quantity free" indicator

(g) Total net balance (see section A, questions 8, 13, 18 etc)

(h) Nutrient codes for each person and visitor

(This nutrient code is based on the sex and/or age of the individual and, in the case of male adults (aged 18-64), the degree of activity entailed in their occupation (see note (d), page 3); used for classifying persons according to their nutrient requirements).

NFS Code

1 = Infant (age under 1 year)
2 = Children, 1 year
3 = " , 2 years
4 = " , 3-4 years
5 = " , 5-6 years
6 = " , 7-8 years
7 = Males, 9, 10 and 11 years

[Note: On the tabulations, nutrient codes 1 to 12 are further sub-divided so that details are given for each year of age].

'B' continued

23. (i) NFS code (cont'd)

- 8 = Males, 12, 13 and 14 years
- 9 = " , 15, 16 and 17 years
- 10 = Females, 9, 10 and 11 years
- 11 = " , 12, 13 and 14 years
- 12 = " , 15, 16 and 17 years
- 13 = Males, 18-34 years incl, sedentary
- 14 = " , " " " , moderately active
- 15 = " , " " " , very active
- 16 = " , 35-64 " " , sedentary
- 17 = " , " " " , moderately active
- 18 = " , " " " , very active
- 19 = " , 65-74 incl.
- 20 = " , 75 years and over
- 21 = Females, 18-54 years incl., (except pregnant)
- 22 = " , " " " , pregnant
- 23 = " , 55-59 "
- 24 = " , 60-74 "
- 25 = " , 75 years and over

C. PURCHASE DETAILS TAKEN FROM LOG-BOOKS

Day of Survey/day of week. A two digit code preceded by a minus sign: the first digit indicates the day of record keeping (eg first day of log will be 1) and the second digit indicates the day of the calendar week (eg Monday = 1, Sunday = 7).

Each item in the log-book is punched in the sequence

- | | |
|------------------|------------------------|
| (a) pence | (b) food code number |
| (c) quantity and | (d) purchase/free code |

Food codes

The food codes are listed in Appendix C to this note.

Quantity

Quantities are expressed in ounces, avoirdupois, with the following exceptions:-

- (i) Fluid ounces. coffee essences, vegetable juices, fruit juices, vegetable and salad oils, ice-cream, mineral water, soft drinks.
- (ii) Tenths of pints: Milk and cream (powdered and condensed, as liquid equivalents). One-third pint of free school milk is coded as 0.3 pt, two-thirds of a pint as 0.6 pt, and so on, the coded amounts being increased by 10 per cent within the computer,
- (iii) Units: Eggs.

Purchase/Free Code

This coding indicates whether the item was purchased or obtained free or at a reduced price:

- 1 = Ordinary purchase
(eg items obtained from friends and other non-retail sources for which a price - usually reduced - is paid, are coded 1).
- 2 = Free (eg from own garden, allotment; welfare foods).
- 3 = Free from employer.
- 4 = Free from own business, farm, market garden, etc.
- 5 = Reduced price food from employer.
- 6 = Free gifts (these must be home-produced).
- 7 = Withdrawn from stock (must be home-produced and consumed during the Survey week).
- 8 = Free gifts from shops or manufacturers as part of advertisement or sales promotion campaign.

'C' continued

Purchase/Free Code (cont'd)

- 9 - (a) Welfare milk where a recipient has a free entitlement (to ordinary grades), but elects to pay a quality premium (NFS 546).

Note: Codes 1, 5 and 9 are purchases, except for free welfare milk where code 9 merely records the quantity for which a premium was paid, together with the amount of premium.