



Department
for Environment
Food & Rural Affairs

NATIONAL FOOD SURVEY: BLANK DIARIES, SURVEY QUESTIONNAIRES AND CODING NOTES

There is little background material held by Defra on the National Food Survey. Fortunately, a copy of the data, together with a copy of a blank food diary (known as the log-book), the household questionnaire (known as the schedule) and the coding notes used for transferring the raw data to computer was supplied each year to the United Kingdom Data Archive, now known as the UK Data Service. The data and background information continues to be available for academic or commercial research under licence, and we are grateful for this, as it has enabled us to interpret much of the gaps in our knowledge and records.

Here is a copy of the blank diary for 1975, questionnaire for 1977 and coding notes from 1975, taken from the UK Data Service holding for National Food Survey 1975. Not all elements were available for the specific year, so UKDS stored the closest available copies by year, hence the discrepancies in dates.

Please note that all of the questions on the household questionnaire will not necessarily be reflected in the content of the datasets we are making available. You'll see that there are references to "Housewife" throughout the diary and this (and other terms such as "Head of Household") reflects those in common usage at the time of the survey. In later years this was changed to "Main Diary Keeper".

Some of the original log-books are preserved in the National Archive at Kew, dating back as far as 1940. A record for the holdings is here:

<http://discovery.nationalarchives.gov.uk/details/r/C10495>

Link to UKDS record for the 1975 National Food Survey database, available under an End User Licence:

<https://discover.ukdataservice.ac.uk/catalogue/?sn=3264&type=Data%20catalogue>

Further information: <mailto:familyfood@defra.gsi.gov.uk>

NATIONAL FOOD SURVEY 1977

TO BE COMPLETED AT FIRST INTERVIEW

EXPLAIN THE PURPOSE OF THE SURVEY BUT DO **NOT** MENTION KEEPING A RECORD BOOK UNTIL AFTER THE INTERVIEW

- A REGION
3 AREA
C PERIOD
D AREA TYPE
E SERIAL NO. OF HOUSEHOLD

A	

Date of first interview
(2 digits for day month and year)

--	--

G Can you tell me how much you spent on food for your household last week? (Excluding cleaning materials, cigarettes and food for pets)

1		

H Do you have a refrigerator?

Yes = 1

If No leave blank

2	
---	--

I Do you have a deep freezer (ADD IN CASE OF PEOPLE WITH REFRIGERATOR by which I mean a *separate* deep freezing unit - not a refrigerator frozen food compartment)?

Yes = 1

If No leave blank

3	
---	--

J Do you grow any of your vegetables or fruit?

Yes Y
No X

IF YES (Y)

(a) Where?

(PROMPT EACH IN TURN

	Yes	No
Garden	1	2
Allotment	3	4
Farm	5	6

(b) Have you a store of home-grown vegetables or fruit?

(PROMPT EACH IN TURN

	Yes	No
Potatoes	1	2
Beans	3	4
Tomatoes	5	6
Apples	7	8
Pears	9	0
Bottled own fruit	1	2
Jam from own fruit	3	4
Honey	5	6
Any other SPECIFY	7	8

K Have you your own hens?

Yes Y
No X

IF YES (Y)

(a) Have you a store of preserved eggs from your own hens?

Yes Y
No X

NOTE IF HOUSEWIFE HAS STOCKS OF HOME-PRODUCED FOOD (QNS J AND K), REMEMBER THE QUANTITY OF FOOD TAKEN FROM STORE SHOULD BE ENTERED IN LOWER PANEL OF THE RECORD BOOK ON THE DAY IT IS TAKEN OUT OF STOCK FOR HOUSEHOLD USE

INTERVIEWER S NAME

AUTH NO

10-DAY PERIOD BEGINNING

--	--	--

CONSTITUENCY

First interview made at th call

Time of this call

		am
		pm

CHECKING CALLS AND FINAL CALL (if any)

(Record all calls made after record book placed)

Day	Time	am or pm	By appt	What took place?

RESULT

Record book accepted and completed	1
Record book accepted but not completed	2
Record book not accepted	3

IF ACCEPTED BUT NOT COMPLETED (2) or NOT ACCEPTED (3), why?

SOCIAL SURVEY DIVISION, OPCS,
St Catherines House,
10, Kingsway,
London,
WC2B 6JP

- Try to get *net* incomes
- After deductions = net
- Before deductions = gross

79 OPCS 9/76

THE NATIONAL FOOD SURVEY
1975

All the particulars you give on this form will be treated in
STRICT CONFIDENCE
Please do not put your name or address on it

HOW TO USE THIS
BOOKLET

- 1 There are two pages for each day
- 2 On the first of the two pages please write down all the items of food coming into the house on that day
- 3 On the second page please show what was eaten at each meal and who ate the meal

The interviewer will call again on –

DAY	DATE	TIME

Balance owned?	Yes	
	No	
Balance loaned?	Yes	
	No	

HOUSEHOLD
COMPOSITION

SEX	AGE

Total
Persons

Interviewer s name

Authority number

10-day period beginning

--	--	--

Constituency

Region

Area

Period

Area type

Serial No of household

SOCIAL SURVEY DIVISION, OPCS
St Catherines House
10, Kingsway
London,
WC2B 6JP

on behalf of
NATIONAL FOOD SURVEY
Ministry of Agriculture Fisheries and Food,
Government Buildings
Tolcarne Drive,
Pinner, Middx,
HA5 2DT

DAY | -1

—

HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

FOR OFFICE USE

	349		
	350		

MEALS

	1	2	3	4																																																																																																																																				
	BREAKFAST or First meal	DINNER or Midday meal	TEA or Afternoon meal	SUPPER or Evening meal																																																																																																																																				
What did you serve?																																																																																																																																								
How many of the people on the front of this book ate the meal at home?	Number of people	Number of people	Number of people	Number of people																																																																																																																																				
Did you have any visitors for this meal?	VISITORS TO BREAKFAST <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> </tbody> </table>	SEX	AGE																					VISITORS TO DINNER <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> </tbody> </table>	SEX	AGE																					VISITORS TO TEA <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> </tbody> </table>	SEX	AGE																					VISITORS TO SUPPER <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> </tbody> </table>	SEX	AGE																																																																
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Did anyone take a packed meal from home to eat out?	PACKED BREAKFAST <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> </tbody> </table>	SEX	AGE																					PACKED DINNER <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> </tbody> </table>	SEX	AGE																					PACKED TEA <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> </tbody> </table>	SEX	AGE																					PACKED SUPPER <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> </tbody> </table>	SEX	AGE																																																																
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Did anyone obtain a meal out? (for which you did not provide the food) Where was it eaten?	<table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> <th>WHERE?</th> </tr> </thead> <tbody> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> </tbody> </table>	SEX	AGE	WHERE?																															<table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> <th>WHERE?</th> </tr> </thead> <tbody> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> </tbody> </table>	SEX	AGE	WHERE?																															<table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> <th>WHERE?</th> </tr> </thead> <tbody> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> </tbody> </table>	SEX	AGE	WHERE?																															<table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> <th>WHERE?</th> </tr> </thead> <tbody> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> <tr><td></td><td></td><td></td></tr> </tbody> </table>	SEX	AGE	WHERE?																														
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M male
F female

HOUSEWIFE'S COMMENTS

NOTES Standard large loaf = 28oz
Standard small loaf = 14oz

		PLEASE LEAVE BLANK					
BREAD	POTATOES						
Separate delivery charge	Bought in bulk						

NATIONAL FOOD SURVEY19751. Basic data

The basic data are gathered from two documents:-

- (1) family and personal details taken from the N.F.S. Schedules;
- (11) details of purchased or free food taken from the N.F.S. log-books.

The question numbers and answers for each household are keyed to disc and then put on magnetic tape in the order as printed on the schedule (omitting both items if the question is unanswered), followed by the food code details from the log-book. All the information for all the households in one cycle is keyed on to one reel of magnetic tape.

2. Generated data

The computer program validates the punched data and indicates any inconsistencies (eg wrong question numbers, food codes which are not in current use, abnormally large quantities, etc.). For records which are totally acceptable, certain additional household and personal details are generated, and a permanent record is written to a magnetic disc file. (All records are eventually preserved on a special magnetic tape). The permanent record includes a fixed area containing details such as region, area, cycle number, total purchase value, etc., followed by two variable length areas. The first of these records, for each person and visitor, the age, sex, occupation code, whether working, nutrient code and net balance. The second contains all details from the left-hand pages of the logbooks, in the same sequence, including the day of survey/day of week marker and, for each food acquisition, the food code, purchase/free code, quantity and purchase value.

- 3. Appendix A gives the Classification of Occupations.
- 4. Appendix B lists the parliamentary constituencies being surveyed in 1975.
- 5. Appendix C lists the food codes in current use in 1975.
- 6. Appendix D is the timetable for 1975.

Statistics Division II, Branch A
PINNER

1975

A. HOUSEHOLD AND PERSONAL DETAILS
TAKEN FROM SCHEDULE

'A' to 'E'
on schedule

Serial Number of the log-book completed by the housewife

- | | | | |
|----|---|---|---|
| A. | One digit code denoting the standard statistical region. |) | These two codes together denote the area (constituency)- see Appendix B (computer |
| B. | One digit code denoting the area (constituency) within the region. |) | codes are numbered from 1 consecutively). |
| C. | Two digit period code (the periods are successive 10 day sampling periods throughout the year). | | |

- D. One digit "type-of-area" (sample class) code

9 = London conurbation (Greater London Council Area)

1 = Provincial conurbations (as defined by the Registrars-General)

2 = Larger towns, defined as:

- (a) Towns with a population of 100,000 or more;
- (b) Urban areas contiguous to towns with a population of 100,000 or more, or to conurbations;
- (c) Groups of contiguous urban areas where the aggregate population is 100,000 or more.

3 = Smaller towns -

Urban areas not in 9, 1 and 2 above.

4 = Semi-rural areas, defined as:

- (a) Rural districts, each of which is contiguous to an urban area which has a population of 25,000 or more.
- (b) Rural districts with a population density exceeding 1 person per $\frac{1}{4}$ acres.

5 = Rural areas -

Rural districts not in 4 above

- E. Serial number of household in area (constituency)

A distinguishing number (from 1 upwards) allocated to each household for each period/area group.

Date of first interview

day, month and year (2 digits each day and month)

Computer
Code

...1

...2

...3

...4

...5

...6

'F' on
schedule

'A' continued

Question No
on Schedule

Expenditure in previous week

1 Amount of money spent on food during preceding week, expressed
in £'s to 2 decimal places. Don't know, etc, coded 999.

2 Refrigerator in the household

Yes = 1
If no, left blank.

3 Deep-freezer in the household

Yes = 1
If no, left blank.

Computer code

Owns fridge only = 1

" freezer " = 2

" both " = 3

" neither " = 4

	<u>Person No (a)</u>	<u>Sex</u>	<u>Age</u> ^(b)	<u>Whether</u> ^(c) <u>Working</u>	<u>Occupation</u> ^(d)	<u>Net</u> ^(e) <u>Balance</u>
4-8	(1)	4	5	6	7	8
9-13	(2)	9	10	11	12	13
14-18	(3)	14	15	16	17	18
19-23	(4)	19	20	21	22	23
24-28	(5)	24	25	26	27	28
29-33	(6)	29	30	31	32	33
34-38	(7)	34	35	36	37	38
39-43	(8)	39	40	41	42	43
44-48	(9)	44	45	46	47	48
49-53	(10)	49	50	51	52	53
54-58	(11)	54	55	56	57	58
59-63	(12)	59	60	61	62	63
64-68	(13)	64	65	66	67	68
69-73	(14)	69	70	71	72	73

74

Ownership of dwelling

1 = Unfurnished, council

2 = Unfurnished, other, rented

3 = Furnished, rented

4 = Rent free

5 = Owns outright

6 = Owns with mortgage

	<u>Visitor No</u> ^(f)	<u>Sex</u>	<u>Age</u> ^(b)	<u>Occupation</u> ^(d)	<u>Net</u> ^(e) <u>balance</u>
75-78	(1)	75	76	77	78
79-82	(2)	79	80	81	82
83-86	(3)	83	84	85	86
87-90	(4)	87	88	89	90
91-94	(5)	91	92	93	94
95-98	(6)	95	96	97	98
99-102	(7)	99	100	101	102

'A' continued

- Notes: (a) A person is anyone who spends at least four nights in the household during the week of Survey and also has at least one meal a day from the household food supply on at least four days, except that if he/she is the head of the household, the "cross-over" head of household or the housewife, he or she is regarded as a person, in all cases.
- (b) If the age is not given, coded as 99
- (c) Whether working:
- | | | | | |
|------|------------------------|-----|------------------|---|
| (F) | Full-time worker | = 1 | or, if pregnant, | 6 |
| (P) | Part-time worker | = 2 | " " " | 7 |
| (N) | Non-worker | = 0 | " " " | 5 |
| (U) | Unemployed temporarily | = 3 | " " " | 8 |
| (SH) | Sick temporarily | = 4 | " " " | 9 |
- (d) Occupation. A four-digit NFS code derived from the Registrar-General's coding of occupation. An additional (5th) digit has been assigned to the occupation-code to indicate the degree of activity for males between the ages of 18 and 64 years. Details are given in Appendix A.
- (e) Net balance. A net balance is a mathematical expression of the number of meals consumed from the household supplies. A person having all his meals at home during the week (including packed meals provided by the housewife) is said to have a total net balance of 1.00, when meals are obtained from elsewhere deductions are made from this total to give a "net balance" of meals eaten at home by that person. The scale of deductions used for this purpose is as follows:

(per day)

Breakfast	.03) These weights are interchangeable, whichever meal is the larger; if only one evening meal is taken, the two weights are combined
Dinner	.04	
Tea	.02	
Supper	.05	

- (f) Visitor. A visitor is anyone who does not qualify as a person (see note (a) above) but has at least one meal from the household food supply during the week of Survey.

Question No
on Schedule

- 103 Total persons. The total number of all persons (excluding visitors) in the household during the Survey week.
- 104 Total visitor lines. The total number of lines (starting with question Nos. 75, 79, 83, 87, 91, 95 and 99) on which visitors (as defined in note (f) above) are recorded.
- 105 Cross over HOH = 1 (see 106)
- 106 Income group of the head of the household (or principal earner).

'A' continued

Income groups are based on the gross weekly income of the head of household, except that if the gross weekly income (earned or unearned) of the head of household is less than £28 and the household contains one or more earners, one at least of whom has a weekly income of £28 or more, the income group is then based on the gross weekly income of the principal earner. In the later case question 105 is punched "1". (See, however, the note below).

The income ranges are revised periodically and, in 1975, are:

BMRB
Code

1	(A1)	= £110 or more) with one or
2	(A2)	= £82 but less than £110) more earners
3	(B)	= £49 " " " £82) in the
4	(C)	= £28 " " " £49) household
5	(D1)	= Less than £28)
6	(D3)	= £28 or more) with no earners
7	(D2)	= Less than £28) in the household.
8	(OAP)	Pensioner households (ie households in which at least three-quarters of the <u>total</u> income is derived from N.I. retirement or similar pensions and/or supplementary pensions or allowances paid in supplementation or instead of such pensions. Such households will include at least one person over retirement age.	

Computer code

	1
	2
	3
	4
	5
	7
	6
	13
OAP (1 person)	8
" (1 male & 1 female)	9
" (all others)	10
A1 + A2	11
D2 + D3	12

Note: All adult male full-time agricultural workers, where they earn less than £28 as heads of households will be included in income group C (Code 4).

Question No
on schedule

107 Number of earners in the household.

108 Occupation of the head of the household (or principal earner).

This is a four-digit NFS code derived from the Registrars-General's coding of occupations. Details are given in Appendix A.

109 Total weekly net family income in £'s to one decimal place. "Not known" is punched '999'.

110 Family income type, showing the exactness of the information regarding the composition of the family income.

- 1 = each person's income given to investigator as net, actual
- 2 = each person's income given to investigator as net, estimated
- 3 = each person's income given to investigator as gross, actual
- 4 = each person's income given to investigator as gross, estimated
- 5 = mixed (ie, any combination of above)
- 6 = mixed (ie, any combination of codes 1 to 4, plus one imputed)
- 7 = one income only in the household imputed
- 8 = one or more earners temporarily sick or unemployed
- 9 = don't know (ie one or more incomes not given)

'A' continued

Question No
on schedule

111 Gross weekly income of the head of household (or principal earner)

Expressed in £'s to one decimal place when income has been shown on the schedule as gross, actual or estimated, or net, actual (converted to gross). Where income has been shown as net, estimated, or where it is not possible to impute an income, 999 is punched.

112 Head of household

Question number on schedule (4, 9, 14 etc) denoting sex of person who is "head of household" and therefore identifying personal details of that person.

113 Housewife

Question number of schedule (4, 9, 14 etc) denoting sex of person who is the housewife and therefore identifying personal details of the housewife.

114 Menu or non-menu data

For experimental purposes:-

- 1 = menu data included ("menu data")
- 2 = " " not included ("non-menu data")

115 Supplementary benefit

- 1 = household in receipt of supplementary benefit.

116 Family income supplement

- 1 = household in receipt of FIS.

Computer code:

S.B. only = 1
F.I.S. " = 2
Both = 3
Neither = 4

B. HOUSEHOLD AND PERSONAL DETAILS
GENERATED IN THE COMPUTER

1. Household composition code

1. 1 adult only
2. 1 adult, 1 or more children
3. 2 adults only
4. 2 adults, 1 child
5. 2 adults, 2 children
6. 2 adults, 3 children
7. 2 adults, 4 or more children
8. 3 adults only
9. 4 or more adults only
10. 3 or more adults, 1 or 2 children
11. 3 or more adults, 3 or more children
12. (8 + 9) 3 or more adults

Note: Young couples, where one or both are under 18 years, but not under 16 (against questions 112 and 113 on the schedule), will be treated as if they were both adults.

2. Registrars-General's social class

NFS Code

- 1 = Armed Forces, retired or not gainfully occupied, or no information
- 2 = I = Professional, etc, occupations
- 3 = II = Intermediate occupations
- 4 = III = Skilled occupations
- 5 = IV = Partly skilled occupations
- 6 = V = Unskilled occupations

The Registrars-General's social classes are defined in terms of occupation of the head of the household as shown in Appendix A.

'B' continued

Registrars-General's socio-economic group

This is based on the occupation of the head of the household or in certain cases (see question 106 above) that of the principal earner.

NFS Code

- 1 = Retired or not gainfully employed
- 2 = (1), (2), (12), Employers, managers and own-account workers
(other than professional non-agricultural)
- 3 = (3) Professional workers, self-employed
- 4 = (4) " " , employees
- 5 = (5) Intermediate non-manual workers
- 6 = (6) Junior non-manual workers
- 7 = (7) Personal service workers
- 8 = (8) Foremen and supervisors, manual
- 9 = (9) Skilled manual workers
- 10 = (10) Semi-skilled manual workers
- 11 = (11) Unskilled manual workers
- 12 = (13), (14) Farmers, whether or not employing non-family labour
- 13 = (15) Agricultural workers
- 14 = (16) Members of armed forces
- 15 = (17) Occupation inadequately described/no information

The relationship between the Registrars-General's socio-economic groups and the occupation of the head of the household (or principal earner) is shown in Appendix A

4. Age of housewife

- 1 = aged under 25 years
- 2 = " 25 to 34 years
- 3 = " 35 to 44 years
- 4 = " 45 to 54 years
- 5 = " 55 to 64 years
- 6 = " 65 to 74 years
- 7 = " 75 years and over

5. Age of head of household

- 1 = aged under 25 years
- 2 = " 25 to 34 years
- 3 = " 35 to 44 years
- 4 = " 45 to 54 years
- 5 = " 55 to 64 years
- 6 = " 65 to 74 years
- 7 = " 75 years and over

6. Socio-economic groupings ("Professional" or "non-professional" indicator)

- 1 = Registrars-General's social classes I and II ("professional")
- 2 = " " " " III, IV or V ("non-professional")

'B' continued

7. Grouping of households for income elasticity calculations

- 1 = 1 adult aged under 55 years
- 2 = 1 adult aged 55 years and over
- 3 = 2 adults, housewife aged under 55 years
- 4 = 2 adults, housewife aged 55 years and over
- 5 = 2 adults and 1 child
- 6 = 2 adults and 2 children
- 7 = 2 adults and 3 children
- 8 = 2 adults and 4 children
- 9 = 3 adults
- 10 = 4 adults
- 11 = 3 adults and 1 child
- 12 = 4 adults and 1 child

8. Persons in household with a declared family income

9. Number of pregnant women

10. Month (NFS)
numbered from 1 to 12

11. Cross-over head of household (see Section A, question 105)

12. Number of:

OAPs
adult males
adult females
children aged 16-17
" " 12-15
" " 8-11
" " 5-7
" " 1-4
infants

13. Household composition x income groups

Adults only	/ I/G A1 = A2)	
1 Adult + children	/)	
2 Adults + 1 child	/ I/G B)	
2 Adults + 2 children	/)	28 groups
2 Adults + 3 children	/ I/G C)	
2 Adults + 4 or more children	/ I/G D1 + D2)	
3 or more Adults + children	/)	

14. Household composition x income groups

In full (including combinations of groups)

Household composition	(11 groups - see 1 above))	
Income groups	(10 groups - see Section A, 106))	110 groups

15. Sample class x income groups

In full (including combinations of groups)

Sample class	(6 groups - see Section A, D on page 1))	72 groups
Income groups	(12 groups - see Section A, 106))	

'B' continued

16. Sample class x household composition

In full (including combinations of groups)

Sample class	(6 groups - see Section A, 'D' on page 1)) 72
Household composition	(12 groups - see 1 above)) groups

17. Sample class x region

(including combinations of groups)

Sample class	(6 groups * - see Section A, 'D' on page 1)) 57
Region	(11 groups - see Section A, 3)) group.

* London analysed only for 1) South East
2) East Anglia

18. (a) Total expenditure for previous week

(b) " family income

(c) Occupation - Head of Household

(d) Income of head of household

(e) Expenditure during week

(g) Total quantity free for week

(h) Total net balance (see section A, questions 8, 13, 18 etc)

(i) Nutrient codes for each person and visitor

(This nutrient code is based on the sex and/or age of the individual and, in the case of male adults (aged 18-64), the degree of activity entailed in their occupation (see note (d), page 3; used for classifying persons according to their nutrient requirements).

NFS code

1	=	Infant (age under 1 year)
2	=	Children, 1 year
3	=	" , 2 years
4	=	" , 3-4 years
5	=	" , 5-6 years
6	=	" , 7-8 years
7	=	Males, 9, 10 and 11 years
8	=	" , 12, 13 and 14 years
9	=	" , 15, 16 and 17 years
10	=	Females, 9, 10 and 11 years
11	=	" , 12, 13 and 14 years
12	=	" , 15, 16 and 17 years
13	=	Males, 18-34 years incl, sedentary
14	=	" , " " " , moderately active
15	=	" , " " " , very active
16	=	" , 35-64 " " , sedentary
17	=	" , " " " , moderately active
18	=	" , " " " , very active

[Note: On the tabulations, nutrient codes 1 to 12 are further sub-divided so that details are given for each year of age]

'B' continued

18. (1) NFS code (cont'd)

19 = Males, 65-74 incl.
20 = " , 75 years and over
21 = Females, 18-54 years incl (except pregnant)
22 = " , " " " pregnant
23 = " , 55-59 " "
24 = " , 60-74 " "
25 = " , 75 years and over

C. PURCHASE DETAILS TAKEN FROM LOG-BOOKS

Day of Survey/day of week. A two digit code preceded by a minus sign, the first digit indicates the day of record keeping (eg first day of log will be 1) and the second digit indicates the day of the calendar week (eg Monday = 1, Sunday = 7).

Each item in the log-book is punched in the sequence

- (a) new pence, (b) food code number,
- (c) quantity and (d) purchase/free code

Food codes.

The food codes are listed in Appendix C to this note.

Quantity

Quantities are expressed in ounces, avoirdupois, with the following exceptions:-

- (1) Fluid ounces: coffee essences, vegetable juices, fruit juices, vegetable and salad oils.
- (11) Tenths of pints: Milk and cream (powdered and condensed as liquid equivalents). One-third pint of free school milk is coded as 0.3 pt, two-thirds of a pint as 0.6 pt, and so on, the coded amounts being increased by 10 per cent within the computer;
- (111) Units: Eggs.

Purchase/Free Code

This coding indicates whether the item was purchased or obtained free or at a reduced price:

- 1 = Ordinary purchase (Items coded in the log-book with a blue X eg items obtained from friends and other non-retail sources for which a price - usually reduced - is paid are coded 1).
- 2 = Free (eg from own garden, allotment; welfare foods).
- 3 = Free from employer.
- 4 = Free from own business, farm, market garden, etc.
- 5 = Reduced price food from employer.
- 6 = Free gifts (these must be home produced).
- 7 = Withdrawn from stock (must be home-produced and consumed during the survey week).
- 8 = Free gifts from shops or manufacturers as part of advertisement or sales promotion campaign.

'C' continued

Purchase/Free Code (cont'd)

- 9 = (a) Welfare milk where a recipient has a free entitlement (to ordinary grades, but elects to pay a quality premium (NFS 546).
(b) "Social" beef, where a voucher has been used - (Dec 74) to April 1975 (NFS 886).
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Note. Codes 1, 5 and 9 are purchases, except for free welfare milk where code 9 merely records the quantity for which a premium was paid together with the amount of premium.