



Department
for Environment
Food & Rural Affairs

NATIONAL FOOD SURVEY: BLANK DIARIES, SURVEY QUESTIONNAIRES AND CODING NOTES

There is little background material held by Defra on the National Food Survey. Fortunately, a copy of the data, together with a copy of a blank food diary (known as the log-book), the household questionnaire (known as the schedule) and the coding notes used for transferring the raw data to computer was supplied each year to the United Kingdom Data Archive, now known as the UK Data Service. The data and background information continues to be available for academic or commercial research under licence, and we are grateful for this, as it has enabled us to interpret much of the gaps in our knowledge and records.

Here is a copy of the blank diary for 2000, questionnaire from 2000 and coding notes from 1997, taken from the UK Data Service holding for National Food Survey 2000. Not all elements were available for the specific year, so UKDS stored the closest available copies by year, hence the discrepancies in dates.

Please note that all of the questions on the household questionnaire will not necessarily be reflected in the content of the datasets we are making available. You'll see that there are references to "Housewife" throughout the diary and this (and other terms such as "Head of Household") reflects those in common usage at the time of the survey. In the later years of the survey such as this, the term "Main Diary Keeper" is used for the person completing the diary.

Some of the original log-books are preserved in the National Archive at Kew, dating back as far as 1940. A record for the holdings is here:

<http://discovery.nationalarchives.gov.uk/details/r/C10495>

Link to UKDS record for the 2000 National Food Survey database, available under an End User Licence:

<https://discover.ukdataservice.ac.uk/catalogue/?sn=4512&type=Data%20catalogue>

Further information: <mailto:familyfood@defra.gsi.gov.uk>



**NATIONAL FOOD SURVEY 2000
QUESTIONNAIRE**

Office for National Statistics
Central Survey Unit

INTERVIEWER NO.

INTERVIEWER NAME

C SERIAL NUMBER

--	--	--	--	--	--	--	--	--	--

Month Quota Address

HOUSEHOLD NUMBER (1-3)

Hshld

Is this household in the sample as.....

Main Diary only 1

Main Diary plus Eating Out? 2

If ONE household per address:
Even address no. = Main + EO

For concealed multi-households at any address:
Even hhld no. = Main + EO
(i.e. household 2 always gets Main + EO)

D Date of first interview

[TWO DIGITS FOR DAY AND MONTH]

		2000
--	--	------

Day Month Year

E Does your household own or have the use of

a microwave oven? Yes 1 No 2

a separate deep freeze or a fridge-freezer? 1 2

[A FRIDGE-FREEZER HAS A FRIDGE WITH ITS OWN DOOR
COMBINED WITH A FREEZER WITH ITS OWN DOOR]

**F Does your household grow or receive free NOW
any of the following home grown or home produced items?**

Yes 1

SHOW CARD A: HOME PRODUCE

No 2

[NB INCLUDE ONLY HOME GROWN ITEMS WHICH ARE AVAILABLE NOW]
IF YES, LIST BELOW

REMEMBER - ENTER IN SECTION 4 OF THE DIARY JUST THE
QUANTITY TAKEN FROM STOCKS ON THE DAY IT IS TAKEN OUT

H Does your household have any milk delivered to your home?

Yes 1

No 2

What types of milk?

FULL CREAM/ SKIMMED/ SEMI ...

PASTEURISED/ STERILISED/.....

How much per pint (or litre)?

How many pints/litres per week?

INTERVIEWER RING

(i)

(ii)

(iii)

.....

.....

.....

.....

.....

.....

.....

.....

.....

pints/ litres

pints/ litres

pints/ litres

TENURE

J (i) In which of these ways do you occupy this accommodation? USE SHOW CARD. RING ONE ONLY		
Own it outright.....	1	} → Go to K
Buying it with the help of a mortgage or loan.....	2	
Shared ownership (pay part rent and part mortgage).....	3	
Rent it.....	4	} → Ask J (ii)
Live rent free (including rent free in relative/friend's property, but excluding squatting).....	5	
Squatting.....	6	→ Go to K
J (ii) Does the accommodation go with the job of anyone in the household? Yes..... No.....	1 2	} → Ask J (iii)
J (iii) Who is your landlord? CODE FIRST THAT APPLIES		
<u>Organisations</u> the local authority/council/New Town Development/Scottish Homes....	1	} → Ask J (iv)
a housing association/co-operative/charitable trust.....	2	
employer (organisation) of a household member.....	3	
another organisation.....	4	
<u>Individuals</u> relative/friend (before you lived here) of a household member.....	5	} → Ask J (iv)
employer (individual) of a household member.....	6	
another individual private landlord.....	7	
J (iv) Is the accommodation provided:		
furnished.....	1	} → Ask K
partly furnished.....	2	
or unfurnished?.....	3	

ASK ALL – HOUSING BENEFIT

K Is housing benefit received?	Yes.....	1
	No/Not apply.....	2

**L. USUAL MEMBERS OF HOUSEHOLD (incl. MDK and HOH even if absent)
AND
REGULAR VISITORS (4 nights or more)**

REGULAR VISITORS: THESE CAN BE COMPLETELY CODED FROM THE MAIN DIARY AFTER THE FINAL INTERVIEW
DO NOT ASK OCCUPATION: OCC = 006 (aged 0-15) or 007 (aged 16+).
WORKING CODE = 0

Person No. (Ring HOH only)	Relationship to Main Diary Keeper (MDK)	Sex M F	Age last birthday (DK=999)	Marital status CODE FIRST THAT APPLIES Are you... 1= single, never married 2=married and living with husband/wife 3=married and separated from husband/wife 4=divorced 5=widowed?	Pregnant ASK OR RECORD 1 = Yes 2 = No/ Not apply	Working Code (see below) Code 0-5	INTERVIEWER CODE									
							OCC (3 digits)	Net Balance (Deduct meals from 100)	Is this person a regular visitor?		Is this person a household member away four nights or more?		Is this person a crossover HOH?			
				S M Sep D W					Yes	No	Yes	No	Yes	No		
1	MDK	1 2		1 2 3 4 5	1 2				1	2	1	2	1	2		
2		1 2		1 2 3 4 5	1 2				1	2	1	2	1	2		
3		1 2		1 2 3 4 5	1 2				1	2	1	2	1	2		
4		1 2		1 2 3 4 5	1 2				1	2	1	2	1	2		
5		1 2		1 2 3 4 5	1 2				1	2	1	2	1	2		
6		1 2		1 2 3 4 5	1 2				1	2	1	2	1	2		

4

Head of Household
[RING PERSON NUMBER OF HOH]

IF THE HOUSEHOLD COMPRISES HUSBAND + WIFE,
OR HUSBAND + WIFE & CHILDREN < 16,
HOH = HUSBAND

IF MORE THAN ONE PERSON IN HOUSEHOLD
WITH AGE >= 16 ASK:

**In whose name is the accommodation
owned or rented?**

Working Code [WRITE CODE IN BOX]

For the 7 days ending last Sunday, were you working.....

Economically active:

Full time incl. Govt training (over 30 hrs/wk)	Code 1
Part-time (over 10 hrs to 30 hrs/wk)	2
Unemployed less than a year	3
Full or part-time, but sick or on holiday	4

Economically Inactive:

Unemployed 1 yr. or more	5
Not working)
Work 10 hrs per week or less)
Full time Education) 0
Retired ?)

OCCUPATION/ DESCRIBE WHAT DOING

Person No.	<p>ASK MDK ON BEHALF OF HOUSEHOLD IF WORKING, OR UNEMPLOYED FOR LESS THAN A YEAR (i.e. CODE 1, 2, 3 or 4)</p> <p>[WRITE IN BOX] (a) What is/was your/... 's (main) job? (b) What do/did you/... mainly do in your job? (c) What does/did the firm/organisation mainly make or do?</p> <p>IF NOT WORKING [i.e. CODE 0 OR 5]: DESCRIBE WHAT DOING (EG SCHOOL, RETIRED, UNEMPLOYED MORE THAN ONE YEAR)</p>	<p>(d) Are/were you/... working as an... 1 = employee 2 = or were you self-employed?</p> <p>ASK EMPLOYEES ONLY (e) Do/did you/... have any managerial duties, or were you supervising any other employees? 1 = Manager 2 = Foreman/supervisor 3 = Neither</p>		<p>ASK BOTH EMPLOYEES AND SELF-EMPLOYED (f) EMPLOYEE: How many people work(ed) at the establishment? SELF-EMPLOYED: How many people do/did you/... employ at the place where you/... worked? 0 = None (Self-employed only) 1 = 1-24 2 = 25 or more</p>
1	<p>(a/b) Occ:</p> <p>(c) Ind:</p>	<p>(d) 1 = Employee 2 = Self-employed</p>	<p>(e) 1 = Manager 2 = Foreman 3 = Neither</p>	<p>(f) 0 = None (Self-employed only) 1 = 1-24 2 = 25 or more</p>
2	<p>(a/b) Occ:</p> <p>(c) Ind:</p>	<p>(d) 1 = Employee 2 = Self-employed</p>	<p>(e) 1 = Manager 2 = Foreman 3 = Neither</p>	<p>(f) 0 = None (Self-employed only) 1 = 1-24 2 = 25 or more</p>
3	<p>(a/b) Occ:</p> <p>(c) Ind:</p>	<p>(d) 1 = Employee 2 = Self-employed</p>	<p>(e) 1 = Manager 2 = Foreman 3 = Neither</p>	<p>(f) 0 = None (Self-employed only) 1 = 1-24 2 = 25 or more</p>
4	<p>(a/b) Occ:</p> <p>(c) Ind:</p>	<p>(d) 1 = Employee 2 = Self-employed</p>	<p>(e) 1 = Manager 2 = Foreman 3 = Neither</p>	<p>(f) 0 = None (Self-employed only) 1 = 1-24 2 = 25 or more</p>
5	<p>(a/b) Occ:</p> <p>(c) Ind:</p>	<p>(d) 1 = Employee 2 = Self-employed</p>	<p>(e) 1 = Manager 2 = Foreman 3 = Neither</p>	<p>(f) 0 = None (Self-employed only) 1 = 1-24 2 = 25 or more</p>
6	<p>(a/b) Occ:</p> <p>(c) Ind:</p>	<p>(d) 1 = Employee 2 = Self-employed</p>	<p>(e) 1 = Manager 2 = Foreman 3 = Neither</p>	<p>(f) 0 = None (Self-employed only) 1 = 1-24 2 = 25 or more</p>

M INCOME

- * ASK MDK ON BEHALF OF HOUSEHOLD.
BUT IF POSSIBLE, FIND OUT INCOME FROM PERSON RECEIVING INCOME, CONSULT WAGE SLIPS ETC .
- * ELIGIBILITY: ALL USUAL MEMBERS OF HOUSEHOLD ONLY.
EXCLUDE: REGULAR OR OCCASIONAL VISITORS , BOARDERS OR LODGERS
ALL INCOME SOURCES: PART TIME WORK, UNEMPLOYED, CHILDREN'S SATURDAY JOBS, ...

(i) Income source:

This card shows various possible sources of income. Can you tell me what kinds of income you and your household receive (PROMPT)?

SHOW SOURCES OF INCOME CARD

RECORD INCOME SOURCE AGAINST EACH PERSON ON GRID OPPOSITE

IF CHILDREN, PROMPT FOR CHILD BENEFIT.
CHILD BENEFIT IS CODED OPPOSITE THE WOMAN, UNLESS LONE MALE PARENT, AND IS NET + ACTUAL.
DO NOT INCLUDE HOUSING BENEFIT

FOR EACH PERSON IN TURN, AND FOR EACH INCOME SOURCE:

(ii) CODE WHETHER THE INCOME IS ACTUAL, ESTIMATED OR CARD

OBTAIN IN ORDER OF PREFERENCE: ACTUAL, ESTIMATE, AMOUNT FROM CARDS (B, C, D, E, F)

(iii) Income

How much was paid, the last time it was paid?

[LAST TIME PAID, EVEN IF UNTYPICAL:

INCLUDE OVERTIME, BONUSES, TIPS]

NET (= TAKE HOME PAY, AFTER ALL DEDUCTIONS) PREFERRED ;

BUT FOR HOH ASK FOR BOTH NET AND

GROSS (= BEFORE DEDUCTIONS)

ASK SELF EMPLOYED

What was your income from this job/business, after paying expenses and wages, for the most recent period (e.g. 12 months) for which you have figures?

CHECK: Is that with tax and National Insurance deducted?

GROSS = Expenses/wages deducted

NET = Tax and NI also deducted.

(iv) CODE WHETHER THE INCOME IS NET OR GROSS

(v) Frequency:

How long does this cover?

(PROMPT: HOW OFTEN IS THAT PAID, WEEKLY, MONTHLY...?)

IF MONTHLY, CHECK WHETHER CALENDAR MONTH OR 4 WEEKLY

(vi) Extra information:

IF YOU HAVE COLLECTED INCOME INFORMATION AS NET TRY TO OBTAIN, IF POSSIBLE, THE EQUIVALENT GROSS PAYMENT. SIMILARLY IF YOU HAVE COLLECTED A GROSS PAYMENT, TRY TO OBTAIN THE NET PAYMENT. ENTER IN THE FINAL COLUMN.

SIMILARLY IF A PAYMENT DOES NOT ATTRACT ANY DEDUCTIONS, THEN ENTER THE SAME PAYMENT AGAIN.

M INCOME GRID

Person No.	Income source (Show card) Description or code	Actual, Estimate, or Card?			Income (Enter amount or card code)		Net or Gross?		Frequency of receiving (wkly, monthly, fortnightly, 4 wkly, etc.)	INTERVIEWER NOTE IF YOU OBTAINED NET (GROSS) AND ARE ABLE TO OBTAIN GROSS (NET) THEN ENTER GROSS (NET) HERE
		Act	Est	Card	£	p	Net	Gross		
1	1a	1	2	3			1	2		
	1b	1	2	3			1	2		
	1c	1	2	3			1	2		
	1d	1	2	3			1	2		
2	2a	1	2	3			1	2		
	2b	1	2	3			1	2		
	2c	1	2	3			1	2		
	2d	1	2	3			1	2		
3	3a	1	2	3			1	2		
	3b	1	2	3			1	2		
	3c	1	2	3			1	2		
4	4a	1	2	3			1	2		
	4b	1	2	3			1	2		
	4c	1	2	3			1	2		
5	5a	1	2	3			1	2		
	5b	1	2	3			1	2		
	5c	1	2	3			1	2		
6	6a	1	2	3			1	2		
	6b	1	2	3			1	2		
	6c	1	2	3			1	2		

IF ANY INDIVIDUAL INCOMES OF ADULT MEMBERS ARE MISSING, ESTIMATE NET HOUSEHOLD INCOME

N Could you estimate the total household income each week?
(after ALL deductions for income tax, National Insurance, etc)

SHOW INCOME CARD G

or if necessary

SHOW INCOME CARD H

WRITE IN CODE LETTERS OF INCOME BAND

ASK ALL HOUSEHOLDS WITH CHILDREN AT SCHOOL

[Include those in reception class of primary school, but exclude nurseries]

O Does the child/do any of the children usually get.....

	Yes	No	Not Apply
(i) school milk?	1	2	3
(ii) school meals?	1	2	3

IF YES TO SCHOOL MILK AND/OR SCHOOL MEALS ASK (a) - (d)

- (a) Which child/children get school milk/school meals?
- (b) Is the school milk/school meal paid for or free?

IF PAID FOR

- (c) What is the cost per day (or per week or per term)?

ASK FOR MILK ONLY

- (d) Check the amount of milk: And what is the size of the bottles/cartons? (PROMPT: Standard 1/3 pint?)

	School Milk				School Meals			
Person Numbers
Paid for Free	Y O	Y O	Y O	Y O	Y O	Y O	Y O	Y O
	£ p	£ p	£ p	£ p	£ p	£ p	£ p	£ p
Cost								
Per day	1	1	1	1	1	1	1	1
Per week	2	2	2	2	2	2	2	2
Per term	3	3	3	3	3	3	3	3
1/3 pint	1	1	1	1				
Other				

ASK ALL [NOT JUST PENSIONERS]

- P** Does anyone in the household have meals on wheels?

Yes 1 → Ask (a) to (d)

No 2

IF YES

- (a) Which people?

- (b) On which days of the week?

GIVE DETAILS OF DELIVERY DAYS IF NECESSARY

.....

- (c) Is the meals on wheels paid for or free?

IF PAID FOR (Y)

- (d) How much is paid per meal?

Person Numbers
Mon	1	1	1	1
Tues	2	2	2	2
Wed	3	3	3	3
Thurs	4	4	4	4
Fri	5	5	5	5
Sat	6	6	6	6
Sun	7	7	7	7
Paid for Free	Y O	Y O	Y O	Y O
	£ p	£ p	£ p	£ p
Cost				

What is your religious denomination? [RING]

	Q	R
	Main Diary Keeper	Head of Household
Catholic	1	1
Presbyterian	2	2
Church of Ireland	3	3
Methodist	4	4
Baptist	5	5
Free Presbyterian	6	6
Brethren	7	7
Protestant - not specified	8	8
Other protestant	9	9
Other Christian	10	10
Jew	11	11
Other Non-Christian	12	12
No religion	13	13
Unwilling to answer/ DK/ Not asked	14	14

EXPLAIN DIARY

ALL - ASK AT FINAL VISIT

VISITORS / HOUSEHOLD MEMBERS GONE AWAY

S Can I just check please:

(i) Did you have any visitors staying 4 nights or more (during the diary week)? Yes 1

No 2

IF YES, WRITE IN AGE AND SEX OF EACH
[ADD THESE TO THE HOUSEHOLD GRID]

(ii) Was anyone away for 4 nights or more (during the diary week)? Yes 1

No 2

IF YES,
WRITE IN AGE AND SEX OF EACH

MDK/ HOH/ XHOH will always remain on the Household Grid - even if away all week. They should never be coded as absent household members.

Others away for 4 nights or more (e.g. children on school trip, at relative's),
THESE SHOULD ALWAYS BE INCLUDED IN THE HOUSEHOLD GRID, BUT SHOULD BE
CODED AS ABSENT HOUSEHOLD MEMBERS.
INCLUDE ABSENT HOUSEHOLD MEMBERS IN THE OCCASIONAL VISITORS GRID IF
THEY WERE PRESENT AT SOMETIME DURING THE WEEK.

PERMISSION TO RECALL

T That is the end of the interview. Our work is very important, so my office likes to get in touch with a percentage of the people who have helped us, just to check that you are happy with the way we do things. Would it be okay for the office to contact you for this reason?

Yes, it would be all right (UNCONDITIONAL) 1

No (UNCONDITIONAL) 2

Yes (WITH CONDITIONS/ QUALIFICATIONS) 3

ALL REMAINING QUESTIONS INTERVIEWER CHECK AT HOME

OCCASIONAL VISITORS

(i.e. These have eaten at least one meal in the household, but have NOT stayed for 4 nights or more.
Code from the 'Visitors' row of the Main Meals page of the completed Main Diary)

	SEX (RING) M F		AGE Code age = 999 if 16 yrs. or more	WORKING CODE (Not coded)	OCC (Computer codes)	CODE NET BALANCE (Start at 0)
Q75	1	2		Not coded	Computer codes	
Q79	1	2		Not coded	Computer codes	
Q83	1	2		Not coded	Computer codes	
Q87	1	2		Not coded	Computer codes	
Q91	1	2		Not coded	Computer codes	
Q95	1	2		Not coded	Computer codes	
Q99	1	2		Not coded	Computer codes	

Rules for coding Occasional Visitor's Grid

One line for ALL adult males (16 yrs. or more), age is always 999; sum individual net balances.

One line for ALL adult females (16 yrs. or more), age is always 999; sum individual net balances.

One line for EACH child (15 yrs. or less); code actual age.

BUT if two people aged 15 yrs. or less have same sex and age, combine on one line (code actual age) and sum individual net balances

Points are added as follows:

- breakfast = 3
- midday meal = 4
- evening meal = 7

Each person is allowed to score a maximum of 3 meals a day.

Q159 Are any individual incomes missing?
[CHECK INCOME GRID, SECTION M]

No,	all known	1
Yes,	one or more missing, total hhld income estimated at N	2
Yes,	one or more missing, total hhld income NOT estimated at N	3
OFFICE USE ONLY - Missing incomes checked & no income imputed ...		5
one income imputed ..		6

Q160 Code type of incomes provided by the respondents:
[WHEN CODING THIS QUESTION (Q160), DO NOT INCLUDE CHILD BENEFIT]

Each person's income known and is:		
Net and Actual.....		1
Net and Estimated or Card.....		2
Gross and Actual.....		3
Gross and Estimated or Card.....		4
Some mixture of the above (i.e. of codes 1 - 4)		5
One or more individual incomes unknown:		
OFFICE USE ONLY - One income imputed		6
Total household income estimated at Question N (cards G or H)		7
Don't Know		
(i.e. more than one income not given, one income not given		
and impossible to impute, No Answer to Income Card G or H)		9

Q161 Code type of household

Households with one or more 'earners'	(SEE (a) BELOW FOR DEFN OF 'EARNER')	1
Households without an earner		2
STATE pensioner Households	(SEE (b) BELOW)	3

NOTES

- (a) An earner includes someone unemployed for less than one year i.e. working codes 1 - 4, but not code 0 or 5.
- (b) A state pensioner household is one in which 75% or more of the total household income is from the state pension or from a state benefit paid in place of the state pension.
This takes priority over other codes

OCCUPATION CODES FOR THE ECONOMICALLY INACTIVE

Every household member/ regular visitor must be given an Occupation code (in OCC Box).

Those working or unemployed less than one year (i.e. with Working Code 1, 2, 3 or 4) get one of the Standard Occupation Codes.

All others (school children, housewives, pensioners, i.e. those with Working Code 0, and unemployed more than one year, i.e. those with Working Code 5) get one of the following non-standard codes:

Occupation Code**RETIRED/PENSIONS**

001 Unoccupied and retired - main source of income (i.e. largest amount) is State Retirement pension (OAP; including widows over 60 with widows' pensions)

002 Unoccupied and retired - main source of income (i.e. largest amount) other state pensions (e.g. Widows under 60, disability pensions including blind pension).

003 Unoccupied and retired - main source of income (i.e. largest amount) is **NOT** from state (e.g. from employer's pension).
NB If person is below retirement age (60 for women, 65 for men) and receives for instance an employer's pension, but is looking for work (and available to start), then code as unemployed.

UNEMPLOYED/ STUDENTS

004 Unemployed: state benefits are main source of income
(e.g. Job Seekers Allowance/ Unemployment Benefit, Income Support).

005 Unemployed: state benefits are **NOT** main source of income.

Students. (INCL aged 16 or more at school)

NB. **Sick Leave - code their job:** Individuals who are off work on sick leave should be coded according to their job.

NON-EARNERS/ REGULAR VISITORS

006 Other non-earners (children 0-15 yrs., 'housewives', etc) including women in receipt of maternity allowances who are not working and not returning to work.

Regular visitors: children (i.e. aged 0 - 15)

007 Regular visitors: adults (i.e. aged 16 or more)

008 No information

NET BALANCE

* Each person starts with a score of 100 points

* Deduct points for meals out (NOT for meals missed or packed lunches)

- Meals out are shown on 'Meals Out' row of Meals page of Main Diary

* Points are as follows:

- breakfast = 3 points
- midday meal = 4 points
- evening meal = 7 points

* A 'meal out' is a meal that is 'not from the household food supplies'.

* Meals on wheels are meals out.

* EXAMPLE: A person has an evening meal in a friend's house. All other meals are at home.
Net balance = $100 - 7 = 93$

* EXAMPLE: A person eats lunch in the works canteen 5 days per week. All other meals are at home.
Net balance = $100 - 20 = 80$

* EXAMPLE: A person eats 1 meal a day at home, and eats nothing else.
Net balance = 100 (no deductions for missed meals)

CODING CHECKLIST

Questionnaire

- * Occupation (everyone gets a code, even those not working). See page 14 for non-standard codes. ☐
- * Net balance (do not deduct points if a meal is missed). See page 14 for coding rules. ☐
- * Household grid
 - check that anyone in household except MDK and HOH who were away for more than 4 nights have been coded yes at the absent householders' question and that they also appear in the occasional visitors' grid, if they were home at sometime during the record keeping week. ☐
 - check that regular visitors have been coded yes at the regular visitors' question ☐
- * Income
 - don't forget the child benefit @ £15.00 & £10.00 from April 2000 to March 2001 ☐
- * Occasional visitors grid - adults: age = 999
 - all male adults (16+) summed on one line ☐
 - all female adults (16+) summed on one line ☐
- * Code page 12. ☐

Main Diary (If the answer to any of the following is 'No', give full explanation)

- | | | | |
|--|------------------------------|-----------------------------|--|
| * Right page: Are all members of household accounted for at each meal? | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |
| * Left page: Are bottom boxes coded: Meals out and children's (5-14yrs) lunches? | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |
| * Section 1: - Are all food items coded? | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |
| - Are any weights/prices missing? (but no weights for codes 33501 & 33601) | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |
| - Are weights and prices plausible? | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |
| - Are the correct units used? The main units are: Litres = L (not LT); Millilitres = ML; Pints = PT; Kilograms = KG (not K); grams = G (not GRM or GRMS); Ounces = OZ; Pounds = LB (not LBS); EGG not EGGS | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |
| - Is milk shown as delivered on questionnaire included on main diary shopping pages? | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |
| - Yogurts, desserts and milk products: converted to liquid milk equivalent? | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |
| - Are nuts converted to net weight, and trimmed vegetables to gross weight? | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |
| * Section 4: - Is school milk added (section 2 indicates if received that day)? | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |
| - Are only eligible gifts included? Delete others. | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |
| - Is margin code 1 or 2 added? | Yes <input type="checkbox"/> | No <input type="checkbox"/> | |

Eating Out Diary

- * Cross out 'home' food (e.g. packed lunches) ☐
- * Check that meals out are consistent with main diary. ☐
- * Write food codes and outlet codes on EO Diaries ☐
- * Add meal/snack codes where several main items covered by one price. ☐

Transfer Sheet

- * One transfer sheet per person (unless whole household refused = 1 sheet) ☐
- * Code response correctly - codes 1 and 2 only if agree with main diary (check specially 2) (response code should be written on EO Diary and transfer sheet) ☐
- * Use meal/snack codes as 'headers'
 - single items with one price do not need a meal/snack code ☐
 - don't bracket several lines with one price ☐

General plea - please put a full serial number on diaries that the household will post back to the office

NATIONAL FOOD SURVEY

(HOUSEHOLD DIARY)

IN CONFIDENCE

All the particulars you give in this diary will be treated in **STRICT CONFIDENCE**.
Please do not put your name and address on it.

Please read the notes and look at the examples on pages 2-5 before
you start completing the diary.

The interviewer will call again on -

DAY	DATE	TIME

HOUSEHOLD COMPOSITION

	AGE	SEX
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

Day of week on which
recording starts

1 = Mon	2 = Tues
3 = Wed	4 = Thurs
5 = Fri	6 = Sat
7 = Sun	

Enter code → DAY

Tick Box(es)

Main sample only	
Main + EO sample	
No food items purchased during diary keeping period	

Total
Persons

Scales or spring balance loaned?	Yes	
	No	

Serial label

--	--	--	--	--	--	--	--

Month Quota

Address Hhid

EXAMPLE PAGE

1. FOOD AND DRINKS BOUGHT AND BROUGHT HOME

(include soft drinks, alcoholic drinks, sweets, takeaways brought home and milk delivered today)

.....DAY

Off Check	TOTAL WEIGHT Oz, lbs, gms, kilos, pints, litres	DESCRIPTION OF FOOD OR DRINK Please describe in FULL and give BRAND; Use one line for each ITEM	TOTAL COST		INTERVIEWER USE ONLY PLEASE LEAVE BLANK			
			£	p	Food code	Qty	Unit	
	1pt	Vita Pint (Blue Carton semi-skimmed milk)		38				1
	1600g	2 Sunblest sliced white loaves @ 800gms	1	20				1
	450g	Weetabix - Family Pack x 24 biscuits	1	39				1
	1lb	Frying steak - Fresh	5	25				1
	1lb	Pork chops - on bone - fresh	2	83				1
	1lb	1 pack danish bacon, streaky, pre-packed	2	74				1
	12oz	6 Doughnuts @ 2ozs - fresh from bakers	1	80				1
	840g	2 tins Heinz baked beans @ 420gms		84				1
	200g	Birds Eye frozen cod steaks in natural crumbs	2	09				1
	1lb	Walls beef sausages - frozen	1	32				1
	493g	McCain Deep Pizza, frozen - pepperoni	2	29				1
	150g	Ski fruit yogurt, low fat with pieces of fruit		42				1
	500g	2 packets Krona Reduced fat 2 @ 250gms	1	74				1
	250g	1 packet Kerrygold butter - Irish		95				1
	5Kg	"Old" Potatoes, fresh, prepacked	2	50				1
	1lb 4oz	Cauliflower - fresh		75				1
	1 1/2lb	Eating apples - fresh		64				1
	1 litre	Robinson's orange squash - low cal	1	19				1
	7oz	1 piece of fried cod @ 7oz - (fish and chip shop)	2	50				1
	6oz	1 portion of chips @ 6oz - (fish and chip shop)		80				1
	420g	Del Monte tinned peaches in syrup		67				1
		6 eggs - free range	1	32				1
	2lt	4 tins Kronenbourg 664 strong lager @ 500ml	4	36				1

2. SCHOOL MILK

- How many children had school milk today?
(WRITE IN NUMBER, 0 IF NONE/NOT APPLY)

1

3. HOME GROWN FOOD, GIFTS, FREE REDUCED FROM WORK, WELFARE MILK

Off Check	TOTAL WEIGHT Oz, lbs, gms, kilos, pints, litres	DESCRIPTION OF FOOD OR DRINK	SOURCE garden, farm, clinic, employer, own business etc	TOTAL COST		INTERVIEWER USE ONLY PLEASE LEAVE BLANK			
				£	p	Food code	Qty	Unit	Marg code
	2lbs	Potatoes	Own garden store	Free					
	1 1/2lbs	Chocolate cake	Made by Granny	Free					
	2oz	Radishes	Own garden grown	Free					

INTERVIEWER USE ONLY

4. MEALS OUT (EXCL. PACKED LUNCHES)

Any meals out/meals on wheels today?
(See 'meals out' opposite)

Yes.... 1
No.... 2

IF YES, WRITE IN NUMBER (LEAVE BLANK IF NONE):
(Use 'Meals Out' information on opposite page)

MEALS ON WHEELS	
TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)	
TOTAL MEALS OUTSIDE HOME (incl. midday meals out)	

5. CHILDREN (5-14 YRS. INCL.)

Are there any 5-14 yr. old (incl.) children in the household?

Yes.... 1
No.... 2

IF YES, WRITE IN THE NUMBER OF LUNCHES:
(Use information on opposite page)

SCHOOL MEALS (PROVIDED BY SCHOOL)	
PACKED LUNCHES FROM HOME	
OTHER LUNCHES BOUGHT OUTSIDE HOME	

FOOD AND DRINK PURCHASES

- ❖ Write down all items of food and drink that you, or members of your household, buy and bring home on the day that it is bought. This will help you not to forget any items.
- ❖ Do not enter record anything that you buy and eat, or drink, outside your home.
- ❖ Enter each different item of food or drink on a separate line.
- ❖ Enter as full a description of the item as possible, including brand name. All items are assigned a code from a large list of codes. This list of codes separately identifies items such as different types of bread (white, brown, wholemeal, unsliced, sliced as well as many of the more unusual breads). In addition less common items of food also need to be assigned a code. A full description will help in assigning the correct code.
- ❖ **For each item enter the total weight of each item, a description of the item bought, and the total cost.**
- ❖ Please identify whether the item is fresh, frozen, tinned, or anything else.
- ❖ For packaged and tinned foods or soft drinks, the weight or volume is frequently marked on the tin, bottle or package.
- ❖ If the weight is not on the item's packaging or on the till receipt, please weigh it yourself. Your interviewer can lend you a set of scales if necessary.
- ❖ If you buy more than one item of a particular brand, it is not necessary to make an entry for each item. Enter the one description (including the number of items) and the total weight and cost for all the items together. Therefore three cans of baked beans would be entered on one line, with a description of Baked Beans x 3, and the total cost and weight of the three cans entered in the relevant columns.
- ❖ Do not enter the number of items of fruit and vegetables that you buy, it is the weight that is wanted. Therefore 1Kg of fresh Granny Smith apples (not six fresh Granny Smith apples). The one exception to this is that we need to know the number of eggs you have bought; do not weigh the eggs.
- ❖ Takeaway foods: All takeaway foods and snacks brought home to eat, such as fish and chips, Chinese, Indian, pizza, etc., should be recorded on the left hand page with the weight, or the number of portions, and the price of each item. Please record whether the food was delivered to your home, bought from a restaurant, takeaway place, fish and chip shop or other catering place, or bought from a retail shop, such as bakery or supermarket. If the item of food was a pizza then state whether it was a whole pizza, or a slice or slices. In both cases note the size of the pizza, and, if slices, the number of slices, in addition to the price. If the takeaway food consists of a number of different items, an entry should be made for each of the items. Therefore fish and chips should have two different entries, one for fish, and the other for chips, with weights and prices for each.

How to complete your diary

MEALS INFORMATION

The right hand page asks you to complete information concerning the people who were present at particular meals:

- ❖ On the front of the diary, the interviewer will have written down information about each member of your household. In the first section note how many of these people actually ate that particular meal.
- ❖ In section 2 enter the sex and age of any visitors that were present at any of the meals.
- ❖ Not all members of your household will sit down at a mealtime. The remaining sections on this page identify those people who did not eat a particular meal and why they did not. There are therefore separate sections for those people who had a packed meal, those who eat out, and those who did not eat at all. At each you are asked to enter the sex and age of the household member involved.
- ❖ You may find that your meal times do not conform to the three 'main' meals identified in the diary, i.e. breakfast, mid-day, main afternoon/evening meal. For example one member of your household may work shifts and therefore eat at odd times of the day. Entries should be made against the meal that the member of the household feels most appropriate.

Remember if you have any problems at all, don't worry as your interviewer will be able to help you when he or she returns.

MAIN MEALS

EXAMPLE PAGE

	1	2	3																																																						
	BREAKFAST	MIDDAY MEAL	MAIN AFTERNOON/ EVENING MEAL																																																						
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(include soft drinks, alcoholic drinks, sweets, takeaways brought home and milk delivered today)

1

2. SCHOOL MILK

11

INTERVIEWER USE ONLY

Yes....	1
No.....	2

TOTAL MEALS OUTSIDE HOME (incl. midday meals out)

Yes....	1
No.....	2

OTHER LUNCHES BOUGHT OUTSIDE HOME

MAIN MEALS

	1	2	3																																																						
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(include soft drinks, alcoholic drinks, sweets, takeaways brought home and milk delivered today)

.....DAY

-2

2. SCHOOL MILK

- How many children had school milk today?
(WRITE IN NUMBER; 0 IF NONE/NOT APPLY)

3. HOME GROWN FOOD, GIFTS, FREE/REDUCED FROM WORK, WELFARE MILK

INTERVIEWER USE ONLY

4. MEALS OUT (EXCL. PACKED LUNCHES)

Any meals out/meals on wheels today?
(See 'meals out' opposite)

Yes....	1
No.....	2

IF YES, WRITE IN NUMBER (LEAVE BLANK IF NONE):
(Use 'Meals Out' information on opposite page)

5. CHILDREN (5-14 YRS. INCL.)

Are there any 5-14 yr. old (incl.) children in the household?

Yes....	1
No.....	2

IF YES, WRITE IN THE NUMBER OF LUNCHES:
(Use information on opposite page)

8

MAIN MEALS

	1	2	3																																																						
	BREAKFAST	MIDDAY MEAL	MAIN AFTERNOON/ EVENING MEAL																																																						
NUMBER OF PEOPLE How many people on the front of this diary ate this meal?	Number of people at home.....	Number of people at home.....	Number of people at home.....																																																						
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(include soft drinks, alcoholic drinks, sweets, takeaways brought home and milk delivered today)

-3

2. SCHOOL MILK

INTERVIEWER USE ONLY

Any meals out/meals on wheels today?
(See 'meals out' opposite)

1

2

MEALS ON WHEELS

TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)

TOTAL MEALS OUTSIDE HOME (incl. midday meals out)

Are there any 5-14 yr. old (incl.) children in the household?

1

2

SCHOOL MEALS (PROVIDED BY SCHOOL)

PACKED LUNCHES FROM HOME

OTHER LUNCHES BOUGHT OUTSIDE HOME

MAIN MEALS

	1	2	3																																													
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(include soft drinks, alcoholic drinks, sweets, takeaways brought home and milk delivered today)

-4

2. SCHOOL MILK

INTERVIEWER USE ONLY

No. 2

No 2

SCHOOL MEALS (PROVIDED BY SCHOOL)	
PACKED LUNCHES FROM HOME	
OTHER LUNCHES <u>BOUGHT</u> OUTSIDE HOME	

MAIN MEALS

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(include soft drinks, alcoholic drinks, sweets, takeaways brought home and milk delivered today)

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2. SCHOOL MILK

INTERVIEWER USE ONLY

Yes....	1
No.....	2

MEALS ON WHEELS	
TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)	
TOTAL MEALS OUTSIDE HOME (incl. midday meals out)	

Yes....	1
No.....	2

SCHOOL MEALS (PROVIDED BY SCHOOL)	
PACKED LUNCHES FROM HOME	
OTHER LUNCHES BOUGHT OUTSIDE HOME	

MAIN MEALS

	1	2	3																																																						
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(include soft drinks, alcoholic drinks, sweets, takeaways brought home and milk delivered today)

-6

2. SCHOOL MILK

- How many children had school milk today?
(WRITE IN NUMBER; 0 IF NONE/NOT APPLY)

INTERVIEWER USE ONLY

Any meals out/meals on wheels today?
(See 'meals out' opposite)

Yes....	1
No.....	2

MEALS ON WHEELS	
TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)	
TOTAL MEALS OUTSIDE HOME (incl. midday meals out)	

Are there any 5-14 yr. old (incl.) children in the household?

Yes....	1
No.....	2

SCHOOL MEALS (PROVIDED BY SCHOOL)	
PACKED LUNCHES FROM HOME	
OTHER LUNCHES <u>BOUGHT</u> OUTSIDE HOME	

MAIN MEALS

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(include soft drinks, **alcoholic drinks**, sweets, **takeaways** brought home and milk delivered today)

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-7

2. SCHOOL MILK

- How many children had school milk today?
(WRITE IN NUMBER; 0 IF NONE/NOT APPLY)

INTERVIEWER USE ONLY

Any meals out/meals on wheels today?
(See 'meals out' opposite)

Yes....

1

No.....

2

MEALS ON WHEELS

TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)

TOTAL MEALS OUTSIDE HOME (incl. midday meals out)

Are there any 5-14 yr. old (incl.) children in the household?

Yes....

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WERE THERE ANY SPECIAL CIRCUMSTANCES ABOUT THIS WEEK'S SHOPPING?

NOTES

Office for National Statistics,
1 Drummond Gate,
London, SW1V 2QQ

Central Survey Unit,
Londonderry House,
21-27 Chichester Street,
Belfast, BT1 4SX

NATIONAL FOOD SURVEY 1997

Basic data for the processing and analysis of the National Food Survey, NFS.

1 Basic Data

Gathered from two documents -

- 1 family and personal data taken from the NFS schedule (interviewers's questionnaire)
- 2 details of foods, purchased or free, taken from the NFS log-books

The questions are numbered on the schedule. Answers for each household are keyed to disc, followed by the food code details from the log-book and the coding unit which is converted to the storage unit before validation.

The data is validated and any inconsistencies are flagged. After the validation certain additional household and personal details are generated, and a permanent record written to a database on a mainframe computer.

2 Generated data

There are two main types of data stored on the NFS computer system, log-book data derived from the household diaries, and reference data which is used to interpret and validate. The log-book data, keyed or generated, is described in this document and attributed to variables in one of the following data sets -

- Household (HH)
- Household member (PER)
- Visitor (VIS)
- Food item (FD)
- Meals out (MO)

This information is transferred by tape to an SAS database where it is held as permanent SAS data sets.

Useful variables generated using reference data, but not permanently stored are shown in parentheses.

- 3 Appendix A gives the classification by occupations
- 4 Appendix B lists the post-code sectors being surveyed
- 5 Appendix C lists current food codes
- 6 Appendix D is the proposed timetable

February 1997
NFS

National Food Survey
Stats(C&F)F
Whitehall Place, West
SW1A 2HH