



Department  
for Environment  
Food & Rural Affairs

## **NATIONAL FOOD SURVEY: BLANK DIARIES, SURVEY QUESTIONNAIRES AND CODING NOTES**

There is little background material held by Defra on the National Food Survey. Fortunately, a copy of the data, together with a copy of a blank food diary (known as the log-book), the household questionnaire (known as the schedule) and the coding notes used for transferring the raw data to computer was supplied each year to the United Kingdom Data Archive, now known as the UK Data Service. The data and background information continues to be available for academic or commercial research under licence, and we are grateful for this, as it has enabled us to interpret much of the gaps in our knowledge and records.

Here is a copy of the blank diary, questionnaire and coding notes from 1987, taken from the UK Data Service holding for National Food Survey 1987.

Please note that all of the questions on the household questionnaire will not necessarily be reflected in the content of the datasets we are making available. You'll see that there are references to "Housewife" throughout the diary and this (and other terms such as "Head of Household") reflects those in common usage at the time of the survey. In later years this was changed to "Main Diary Keeper".

Some of the original log-books are preserved in the National Archive at Kew, dating back as far as 1940. A record for the holdings is here:

<http://discovery.nationalarchives.gov.uk/details/r/C10495>

Link to UKDS record for the 1987 National Food Survey database, available under an End User Licence:

<https://discover.ukdataservice.ac.uk/catalogue/?sn=2581&type=Data%20catalogue>

Further information: <mailto:familyfood@defra.gsi.gov.uk>

# NATIONAL FOOD SURVEY 1987

## TO BE COMPLETED AT FIRST INTERVIEW

EXPLAIN THE PURPOSE OF THE SURVEY BUT DO **NOT** MENTION KEEPING A RECORD BOOK UNTIL AFTER THE INTERVIEW

- A. REGION  
B. AREA  
C. PERIOD  
D. AREA TYPE  
E. SERIAL NO. OF HOUSEHOLD

A	

F. Date of first interview  
(2 digits for day, month and year)

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G. Can you tell me how much you spent  
on food for your household last week?  
(Excluding cleaning materials, cigarettes,  
and food for pets)

	£	p
1		

H. Do you have a refrigerator?

Yes = 1

If No, leave blank

2	
---	--

I. Do you have a deep freezer (ADD IN  
CASE OF PEOPLE WITH REFRIGERATOR  
by which I mean a *separate* deep freezing  
unit — not a refrigerator frozen food  
compartment)?

Yes = 1

If No, leave blank

3	
---	--

J. Do you grow any of your vegetables or fruit?

Yes Y  
No X

IF YES (Y)

(a) Where?

PROMPT EACH IN TURN

Garden	Yes Y	No X
Allotment	Y	X
Farm	Y	X

(b) Have you a store of home-grown vegetables or fruit?

PROMPT EACH IN TURN

	Yes Y	No X
Potatoes	Y	X
Beans	Y	X
Sprouts	Y	X
Peas	Y	X
Greens	Y	X
Carrots	Y	X
Beetroot	Y	X
Onions	Y	X
Tomatoes	Y	X
Apples	Y	X
Pears	Y	X
Bottled own fruit	Y	X
Jam from own fruit	Y	X
Honey	Y	X
Any other SPECIFY	Y	X

No to all

X

K. Have you your own hens  
ducks or geese?

Yes Y  
No X

INTERVIEWER'S NAME

AUTH NO

10-DAY PERIOD BEGINNING

--	--	--

LOCAL AUTHORITY

**NOTE** IF HOUSEWIFE HAS STOCKS OF HOME-PRODUCED FOODS (QNS J & K), REMEMBER THE QUANTITY OF FOOD TAKEN FROM STORE SHOULD BE ENTERED IN LOWER PANEL OF THE RECORD BOOK ON THE DAY IT IS TAKEN OUT OF STOCK FOR HOUSEHOLD USE

SOCIAL SURVEY DIVISION, OPCS,  
St Catherines House,  
10, Kingsway,  
London,  
WC2B 6JP

TO BE OBTAINED AT FIRST INTERVIEW

COMPLETE AT  
FINAL VISIT

Try to get *net* incomes  
After deductions = net  
Before deductions = gross

	Sex		Age		Whether working		OFFICE USE				Relationship to Housewife Put X against HOH (who may be an absentee)	Occupation of workers in detail descriptions of non earners giving sources of income (eg Type of pension private means)	Industry in detail	Supplementary Benefit	Income or Code		Type of Income								
	M	F			F	P	N	U	S	H					OCC (4 digits)	Net balance	£		Net	Grs	Act	Est			
	1	2			1	2	0	3	4	or if pregnant 6 7 5 8 9															
L Persons living in the dwelling and catered for by the housewife (includes boarders and visitors staying the night) together with any absentee members of household	4		5		6		7		8									N	G	A	E				
	9		10		11		12		13									N	G	A	E				
	14		15		16		17		18									N	G	A	E				
	19		20		21		22		23									N	G	A	E				
	24		25		26		27		28									N	G	A	E				
	29		30		31		32		33									N	G	A	E				
	34		35		36		37		38									N	G	A	E				
	39		40		41		42		43									N	G	A	E				
	44		45		46		47		48									N	G	A	E				
	49		50		51		52		53									N	G	A	E				
	54		55		56		57		58									N	G	A	E				
	59		60		61		62		63									N	G	A	E				
64		65		66		67		68									N	G	A	E					
69		70		71		72		73									N	G	A	E					
M Ownership of dwelling codes	Unfurnished Council 1 Unfurnished other rented 2 Furnished rented 3 Rent free 4 Owns outright 5 Owns with mortgage 6										<div style="border: 1px solid black; padding: 5px; display: inline-block;">74</div>		If income of HOH not obtained give reason and your estimate with an explanation												
	OFFICE USE																								
	Visitors	75		76		77		78		Total no of persons excl visitors		Number of visitors lines		Cross over HOH		Income Grade HOH		No of earners in orig h/d		OCC HOH (4 digits)		Family Income			
		79		80		81		82														Total (net)		Type	
		83		84		85		86		103		104		105		106		107		108		109		110	
		87		88		89		90		Gross income HOH		HOH		Housewife				Supplementary Benefit		FIS				*	
91			92		93		94																		
95			96		97		98		111		112		113		114		115		116		117		118		
99		100		101		102																			

# THE NATIONAL FOOD SURVEY

## 1987

All the particulars you give on this form will be treated in  
**STRICT CONFIDENCE**

Please do not put your name or address on it

### HOW TO USE THIS BOOKLET

- 1 There are two pages for each day
- 2 On the first of the two pages please write down all the items of food coming into the house on that day
- 3 On the second page please show what was eaten at each meal and who ate the meal

The interviewer will call again on —

DAY	DATE	TIME

Household scales or spring balance owned?	Yes	<input type="checkbox"/>
	No	<input type="checkbox"/>
Spring balance loaned?	Yes	<input type="checkbox"/>
	No	<input type="checkbox"/>

#### HOUSEHOLD COMPOSITION

SEX	AGE

Total Persons

Interviewer's name

Authority number

10-day period beginning

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Local Authority

Region

Area

Period

Area type

Serial No of household


SOCIAL SURVEY DIVISION OPCS,  
St Catherines House,  
10 Kingsway  
London  
WC2B 6JP

Telephone number 01-242-0262 Ext 2264

on behalf of  
Ministry of Agriculture, Fisheries and Food,  
Whitehall Place, (West Block)  
London,  
SW1A 2HH

# EXAMPLE PAGE

## FOOD COMING INTO HOME

FOOD BOUGHT AT NORMAL PRICES

.....DAY

Oz. lbs, pints, or number	Grammes kilos or litres	DESCRIPTION OF FOOD <i>Please describe ITEM in full and give BRAND Use one line for each ITEM</i>	COST		PLEASE LEAVE BLANK		
			£	p	Food	Q	
12		Eggs - size 4		88			1
1 pt.		Ultra Pink (Blue Carton Semi-skimmed Milk)		27			1
2 x 28 ozs.		Synblest Sliced White Loaves		96			1
16 ozs.		Westabisc - Family Pack		74			1
1 lb.		Frying Steak - Fresh	4	50			1
1 lb.		Pork chops - on bone - Frozen	1	50			1
1 lb.		Danish Bacon Steakies, Loose	1	54			1
12 ozs.		Jar Baxters Sliced Beetroot		42			1
2 x 1-28 lbs.		Tins Heiny Baked Beans		86			1
	200 gms.	Ross Frozen Cod Steaks		95			1
1 lb.		Walls Beef Sausages - uncooked		96			1
1 lb. 2 ozs.		Cucumber		74			1
	150 gms.	Ski Fruit Yoghurt		27			1
	2 x 250 gms.	Krona Margarine - not in tub		76			1
	250 gms.	Kerry Gold Butter - Irish		55			1
½ lb.		Runner Beans - Fresh		36			1
	2 x 283 gms.	Lin-Can Tinned Garden Peas		58			1
14 ozs.		3 Eating Apples - loose		35			1
	1 x 725 ml.	Robinson's Pineapple Squash		77			1
3 x 4 oz.		3 pieces of Fried Cod from Fish & Chip shop	2	10			1
3 x 4 oz.		3 portions of Fried Chips " " " "	1	05			1
12 cubes = 2 ½ ozs.		Oxo		52			1
	411 gms.	Libby's Tinned Peaches in Syrup		42			1
							1
							1
							1
							1

### HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

Oz. lbs, pints, or number	Grammes kilos or litres	DESCRIPTION OF FOOD	SOURCE  Garden farm school, clinic, employer, own business, etc	FREE OR COST		PLEASE LEAVE BLANK		
				£	p	Food	Q	Free
½ pt.		Milk	School	Free				
2 lbs.		Potatoes	Garden, Store	Free				
1 lbs.		Jam - Strawberry	Fruit, garden grown	Free				
		from own fruit.						
2 ozs.		Radishes	Friend's garden	Free				

### FOR OFFICE USE

	340		
4	341		
	342		

	343		
	344		
	345		

	346		
	347		
	348		

	349		
	350		

## **REMINDER ABOUT RECORDING WHAT YOU BUY**

### **The left-hand page (opposite)**

It will help us very much if you make sure that you put down all the food you buy on the day you buy it.

In each case we should like to know, if possible, the exact amount or weight (in lbs and ozs or kilos and grammes, pints or litres and the number of items) and the exact cost.

It would also be very helpful if you would put down details of the type of food. For example, if you bought sausages you could have chosen either pork or beef sausages. Bread can be white, brown or wholemeal, etc, and sliced or unsliced, wrapped or unwrapped. The more details like this which you can give, the better. Brand names are particularly helpful.

An example of the detail we would like to know, if possible, is given opposite.

We realise that you may not buy as many items as we show when you go shopping and that you may not buy the same items as we have listed. We have simply shown as many examples of different foods as we can so that you are clear about the details we need.

P.T.O.

**The right-hand page (opposite)**

Please write in a detailed description of each meal served at home, together with the number of people eating it, and an account of how any members of your Household who did not eat it obtained a meal. Thus everyone in the Household should be accounted for at each meal, as well as any visitors.

The kind of detail we want is that which would be found on a normal menu. We do not need the ingredients of made-up dishes, but the ingredients of salads should be itemised. Quantities are not required. There is no need to distinguish between things eaten by everyone and things eaten by certain members only.

If a member of your household has a packed meal for, say, their mid-day meal, note the sex and age of the individual in the space provided, and write briefly the content of that packed meal at the bottom of the page. See example opposite.

**THANK YOU FOR YOUR TIME AND TROUBLE.**

## MEALS

## EXAMPLE PAGE

	1	2	3	4																																																																								
	BREAKFAST	MID-DAY MEAL	TEA OR AFTERNOON MEAL	EVENING MEAL OR SUPPER																																																																								
What did you serve?	Cornflakes Toast Milk Tea Sugar Margarine	Whiting - fillet Peas - frozen Chips - home made Bread Margarine Squash	Scrambled eggs Toast Margarine Tea Sugar Milk Raspberries Strawberry jam	Pizzas Sausages Fried Tomatoes Bread Margarine Coffee Sugar Milk																																																																								
How many of the people on the front of this book ate the meal at home?	Number of people 5	Number of people 2	Number of people 3	Number of people 5																																																																								
Did you have any visitors for this meal?	VISITORS TO BREAKFAST <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> </tbody> </table>	SEX	AGE											VISITORS TO MID-DAY MEAL <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr><td>F</td><td>70</td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> </tbody> </table>	SEX	AGE	F	70									VISITORS TO TEA <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr><td>F</td><td>70</td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> </tbody> </table>	SEX	AGE	F	70									VISITORS TO EVENING MEAL <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr><td>M</td><td>20</td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> </tbody> </table>	SEX	AGE	M	20																																
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Did anyone take a packed meal from home to eat out?	PACKED BREAKFAST <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> </tbody> </table>	SEX	AGE											PACKED MID-DAY MEAL <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr><td>M</td><td>40</td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> </tbody> </table>	SEX	AGE	M	40									PACKED TEA <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> </tbody> </table>	SEX	AGE											PACKED EVENING MEAL <table border="1"> <thead> <tr> <th>SEX</th> <th>AGE</th> </tr> </thead> <tbody> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> <tr><td></td><td></td></tr> </tbody> </table>	SEX	AGE																																		
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Contents of a packed meal?  Who did not have a meal?	Sandwich: Brown Bread, Beef and Butter  Radishes Kit-Kat Apple		M. 16 } No tea M. 37 }	7																																																																								



**FOOD BOUGHT AT NORMAL PRICES**

-1

**HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD**

**FOR OFFICE USE**

	349		
	350		

# MEALS

	1	2	3	4																																																																																																																																				
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Contents of a packed meal?  Who did not have a meal?  FEMALE = F MALE = M																																																																																																																																								

WERE THERE ANY SPECIAL CIRCUMSTANCES ABOUT THIS WEEK'S SHOPPING?

NOTES

		PLEASE LEAVE BLANK					
BREAD	POTATOES						
Separate delivery charge	Bought in bulk						
10							

## NATIONAL FOOD SURVEY

1987

### 1. Basic data

The basic data are gathered from two documents:-

- (i) family and personal details taken from the NFS schedules;
- (ii) details of purchased or free food taken from the NFS log-books.

The question numbers and answers for each household are keyed to disc and then put on magnetic tape in the order as printed on the schedule (omitting both items if the question is unanswered), followed by the food code details from the log-book. All the information for all the households in one cycle is keyed on to one reel of magnetic tape.

### 2. Generated data

The computer program validates the punched data and indicates any inconsistencies (eg, wrong question numbers, food codes which are not in current use, abnormally large quantities, etc). For records which are totally acceptable, certain additional household and personal details are generated, and a permanent record is written to a magnetic disc file. (All records are eventually preserved on a special magnetic tape). The permanent record includes a fixed area containing details such as region, area, cycle number, total purchase value, etc., followed by two variable length areas. The first of these records, for each person and visitor, the age, sex, occupation code, whether working, nutrient code and net balance. The second contains all details from the left-hand pages of the log-books, in the same sequence, including the day of survey/day of week marker and, for each food acquisition, the food code, purchase/free code, quantity and purchase value.

- 3. Appendix A gives the classification of occupations.
- 4. Appendix B lists the Local Authority Districts being surveyed.
- 5. Appendix C lists the food codes in current use.
- 6. Appendix D is the timetable.
- 7. Appendix E

National Food Survey  
Food Economics Unit 'C'  
Whitehall Place (West)  
SW1A 2HH

January 1987

NFS 1326

A. HOUSEHOLD AND PERSONAL DETAILS  
TAKEN FROM SCHEDULE

'A' to 'E' on schedule	<u>Serial Number of the log-book completed by the housewife</u>
	<p>A. One digit code denoting the standard ) statistical region. ) These two codes together B. Two digit code denoting the area ) denote the area (local (Local authority district) within ) authority district) - see the region. ) Appendix B.</p>
	C. Two digit period code (the periods are successive 10 day sampling periods throughout the year).
	<p>D. One digit "type-of-area" (sample class) code</p> <p>1. Greater London</p> <p>2. The Metropolitan districts and the Central Clydeside conurbation</p>
	<u>Non-Metropolitan districts</u>
	<p>3. Local authority districts with an electoral density of 7 or more electors per acre</p>
	<p>4. Local authority districts with an electoral density of 3 but fewer than 7 electors per acre</p>
	<p>5. Local authority districts with an electoral density of 0.5 but fewer than 3 electors per acre</p>
	<p>6. Local authority districts with an electoral density of fewer than 0.5 electors per acre</p>
	E. Serial number of household in area (Local authority district)
	<p>A distinguishing number (from 1 upwards) allocated to each household for each period/area group.</p>
'F' on schedule	<u>Date of first interview</u>
	day, month and year (2 digits each day, month and year)

'A' continued

Question No  
on Schedule

Expenditure in previous week

1 Amount of money spent on food during preceding week, expressed  
in £'s to 2 decimal places. Don't know, etc, coded 999.

2 Refrigerator in the household

Yes = 1  
If no, left blank

3 Deep-freezer in the household

Yes = 1  
If no, left blank

Computer code

Owens fridge only = 1  
" freezer " = 2  
" both " = 3  
" neither " = 4

	Person No (a)	Sex	(b) Age	(c) Whether Working	(d) Occupation	(e) Net Balance
4-8	(1)	4	5	6	7	8
9-13	(2)	9	10	11	12	13
14-18	(3)	14	15	16	17	18
19-23	(4)	19	20	21	22	23
24-28	(5)	24	25	26	27	28
29-33	(6)	29	30	31	32	33
34-38	(7)	34	35	36	37	38
39-43	(8)	39	40	41	42	43
44-48	(9)	44	45	46	47	48
49-53	(10)	49	50	51	52	53
54-58	(11)	54	55	56	57	58
59-63	(12)	59	60	61	62	63
64-68	(13)	64	65	66	67	68
69-73	(14)	69	70	71	72	73

74 Ownership of dwelling

- 1 = Unfurnished, council  
2 = Unfurnished, other, rented  
3 = Furnished, rented  
4 = Rent free  
5 = Owns outright  
6 = Owns with mortgage

	(f) Visitor No	Sex	(b) Age	(d) Occupation	(e) Net Balance
75-78	(1)	75	76	77	78
79-82	(2)	79	80	81	82
83-86	(3)	83	84	85	86
87-90	(4)	87	88	89	90
91-94	(5)	91	92	93	94
95-98	(6)	95	96	97	98
99-102	(7)	99	100	101	102

'A' continued

- Notes: (a) A person is anyone who spends at least four nights in the household during the week of Survey and also has at least one meal a day from the household food supply on at least four days, except that if he/she is the head of the household, the "cross-over" head of household or the housewife, he or she is regarded as a person, in all cases.
- (b) If the age is not given, coded as 99
- (c) Whether working:
- (F) Full-time worker = 1 or, if pregnant, 6
- (P) Part-time worker = 2 ", " ", 7
- (N) Non-worker = 0 ", " ", 5
- (U) Unemployed temporarily = 3 ", " ", 8
- (SH) Sick temporarily = 4 ", " ", 9
- (d) Occupation. A four-digit NFS code derived from the Registrar-General's coding of occupation. An additional (5th) digit has been assigned to the occupation-code to indicate the degree of activity for males between the ages of 18 and 64 years. Details are given in Appendix A.
- (e) Net balance. A net balance is a mathematical expression of the number of meals consumed from the household supplies. A person having all his meals at home during the week (including packed meals provided by the housewife) is said to have a total net balance of 1.00; when meals are obtained from elsewhere deductions are made from this total to give a "net balance" of meals eaten at home by that person. The scale of deductions used for this purpose is as follows:
- |           | (per day) |   |
|-----------|-----------|---|
| Breakfast | .03       |   |
| Dinner    | .04       |   |
| Tea       | .02)      | These weights are interchangeable   |
| Supper    | .05)      | whichever meal is the larger; if only one evening meal is taken, the two weights are combined |
- (f) Visitor. A visitor is anyone who does not qualify as a person (see note (a) above) but has at least one meal from the household food supply during the week of Survey.

Question No  
on Schedule

103

Total persons. The total number of all persons (excluding visitors) in the household during the Survey week.

'A' continued

Question No  
on Schedule

104 Total visitor lines. The total number of lines (starting with question Nos. 75, 79, 83, 87, 91, 95 and 99) on which visitors (as defined in note (f) above) are recorded.

105 Cross over HOH = 1 (see 106)

106 Income group of the head of the household (or principal earner).

Income groups are based on the gross weekly income of the head of household, except that if the gross weekly income (earned or unearned) of the head of household is less than £95 and the household contains one or more earners, one at least of whom has a weekly income of £95 or more, the income group is then based on the gross weekly income of the principal earner. In the latter case question 105 is punched "1". (See, however, the note below).

The income ranges are revised periodically and, in 1987, are:

BMRB  
Code

1	(A1)	= £475 or more	) with one or
2	(A2)	= £350 but less than £475	) more earners
3	(B)	= £175 " " " £350	) in the
4	(C)	= £95 " " " £175	) household
5	(D)	= Less than £95	)
6	(E1)	= £95 or more	) with no earner
7	(E2)	= Less than £95	) in the household
8	(OAP)	= Pensioner households (ie households in which at least three-quarters of the <u>total</u> income is derived from N.I. retirement or similar pensions and/or supplementary pensions or allowances paid in supplementation or instead of such pensions). Such households will include at least one person over retirement age.	

Computer code

	1
	2
	3
	4
	5
	6
	7
OAP (1 person)	8
" (1 male & 1 female)	9
" (all others)	10
A1 + A2	11
All OAP	12

107 Number of earners in the household.

108 Occupation of the head of the household (or principal earner).

This is a four-digit NFS code derived from the Registrars-General's coding of occupations. Details are given in Appendix A.

109 Total weekly net family income in £'s to one decimal place. "Not known" is punched '999'.



'A' continued

Question No  
on schedule  
110

Family income type, showing the exactness of the information regarding the composition of the family income.

- 1 = each person's income given to investigator as net, actual
- 2 = each person's income given to investigator as net, estimated
- 3 = each person's income given to investigator as gross, actual
- 4 = each person's income given to investigator as gross, estimated
- 5 = mixed (ie. any combination of above)
- 6 = mixed (ie, any combination of codes 1 to 4, plus one imputed)
- 7 = one income only in the household imputed
- 8 = one or more earners temporarily sick or unemployed
- 9 = don't know (ie one or more incomes not given)

111 Gross weekly income of the head of household (or principal earner)

Expressed in f's to one decimal place when income has been shown on the schedule as gross, actual or estimated, or net, actual (converted to gross). Where income has been shown as net, estimated, or where it is not possible to impute an income, 999 is punched.

112 Head of household

Question number on schedule (4, 9, 14 etc) denoting sex of person who is "head of household" and therefore identifying personal details of that person.

113 Housewife

Question number on schedule (4, 9, 14 etc) denoting sex of person who is the housewife and therefore identifying personal details of the housewife.

114 Not used.

115 Supplementary benefit

- 1 = household in receipt of supplementary benefit

Computer code

116 Family income supplement

- 1 = household in receipt of FIS.

S.B. only	=	1
F.I.S. "	=	2
Both	=	3
Neither	=	4

117 Not used

118 Employment status of head of household

- 1 = head of household unemployed at time of Survey
- 2 = otherwise.

**B. HOUSEHOLD AND PERSONAL DETAILS**

**GENERATED IN THE COMPUTER**

**1. Household composition code**

1. 1 adult only
2. 1 adult, 1 or more children
3. 2 adults only
4. 2 adults, 1 child
5. 2 adults, 2 children
6. 2 adults, 3 children
7. 2 adults, 4 or more children
8. 3 adults only
9. 4 or more adults only
10. 3 or more adults, 1 or 2 children
11. 3 or more adults, 3 or more children
12. (8 + 9), 3 or more adults
13. (6 + 7 + 11), 2 or more adults, 3 or more children

Note. Young couples, where one or both are under 18 years, but not under 16 (against questions 112 and 113 on the schedule), will be treated as if they were both adults.

**2. Registrars-General's social class**

**NFS Code**

- 1 = Armed Forces, retired or not gainfully occupied, or no information
- 2 = I = Professional, etc, occupations
- 3 = II = Intermediate occupations
- 4 = III = Skilled occupations
- 5 = IV = Partly skilled occupations
- 6 = V = Unskilled occupations

The Registrars-General's social classes are defined in terms of occupation of the head of the household as shown in Appendix A.

'B' continued

3. Registrars-General's socio-economic group

This is based on the occupation of the head of the household or in certain cases (see question 106 above) that of the principal earner.

NFS Code

- |    |   |   |
|----|---|---|
| 1  | = | Retired or not gainfully employed   |
| 2  | = | (1), (2), (12) Employers, managers and own-account workers (other than professional non-agricultural) |
| 3  | = | (3) Professional workers, self-employed   |
| 4  | = | (4) " " , employees   |
| 5  | = | (5) Intermediate non-manual workers   |
| 6  | = | (6) Junior non-manual workers   |
| 7  | = | (7) Personal service workers  |
| 8  | = | (8) Foreman and supervisors, manual   |
| 9  | = | (9) Skilled manual workers  |
| 10 | = | (10) Semi-skilled manual workers  |
| 11 | = | (11) Unskilled manual workers   |
| 12 | = | (13), (14) Farmers, whether or not employing non-family labour  |
| 13 | = | (15) Agricultural workers   |
| 14 | = | (16) Members of armed forces  |
| 15 | = | (17) Occupation inadequately described/no information   |

The relationship between the Registrars-General's socio-economic groups and the occupation of the head of the household (or principal earner) is shown in Appendix A.

4. Age of housewife

- |   |   |                     |
|---|---|---------------------|
| 1 | = | aged under 25 years |
| 2 | = | " 25 to 34 years    |
| 3 | = | " 35 to 44 years    |
| 4 | = | " 45 to 54 years    |
| 5 | = | " 55 to 64 years    |
| 6 | = | " 65 to 74 years    |
| 7 | = | " 75 years and over |
| 8 | = | age not known       |

5. Age of head of household

- |   |   |                     |
|---|---|---------------------|
| 1 | = | aged under 25 years |
| 2 | = | " 25 to 34 years    |
| 3 | = | " 35 to 44 years    |
| 4 | = | " 45 to 54 years    |
| 5 | = | " 55 to 64 years    |
| 6 | = | " 65 to 74 years    |
| 7 | = | " 75 years and over |
| 8 | = | age not known       |

6. Socio-economic groupings ("Professional" or "non-professional" indicator)

- |   |   |   |
|---|---|---|
| 1 | = | Registrars-General's social classes I and II ("Professional") |
| 2 | = | " " " " III, IV or V ("non-professional")                     |

7.

'B' continued

7. Grouping of households for income elasticity calculations\*

- 1 = 1 adult aged under 55 years
- 2 = 1 adult aged 55 years and over
- 3 = 2 adults, housewife aged under 55 years
- 4 = 2 adults, housewife aged 55 years and over
- 5 = 2 adults and 1 child
- 6 = 2 adults and 2 children
- 7 = 2 adults and 3 children
- 8 = 2 adults and 4 children
- 9 = 3 adults
- 10 = 4 adults
- 11 = 3 adults and 1 child
- 12 = 4 adults and 1 child

\*Code is only allocated to households declaring a net family income, other households are given code zero.

8. Persons in household with a declared family income

9. Number of pregnant women

10. Month (NFS)

Numbered from 1 to 12

11. Cross-over head of household (see Section A, question 105)

12. Number of:

OAPs  
 adult males  
 adult females  
 children aged 16-17  
     "      "      12-15  
     "      "      8-11  
     "      "      5-7  
     "      "      1-4  
 Infants

13. Household composition x income groups

Adults only	/I/GA1 + A2	)	
1 adult + children	/	)	
2 adults + 1 child	/I/G B	)	
2 adults + 2 children	/	)	28 groups
2 adults + 3 children	/I/G C	)	
2 adults + 4 or more children	/I/G D + E2	)	
3 or more adults + children	/	)	

14. Household composition x income groups

In full (including combinations of groups)

Household composition (11 groups - see 1 above)	)	110 groups
Income groups (10 groups - see Section A, 106)	)	

'B' continued

15. Type of area x income groups

In full (including combinations of groups)

Type of area (6 groups - see Section A, D on page 1)) 72 groups  
Income groups (12 groups - see Section A, 106) )

16. Type of area x household composition

In full (including combinations of groups)

Type of area (6 groups - see Section A, D on page 1)) 72 groups  
Household composition (12 groups - see 1 above) )

17. Type of area x region

(including combinations of groups)

Type of area (6 groups\* - see Section A, D on page 1)) 57 groups  
Region (11 groups - see Section A, 3) )

\*London analysed only for 1) South East  
2) East Anglia

18. Employment status of head of household (HOH) x household composition

Adults only )  
1 adult + children )  
2 adults + 1 child )  
2 adults + 2 children )  
2 adults + 3 children ) 16 groups  
2 adults + 4 or more children )  
2 adults + children )  
3 or more adults + children )  
Employment status (2 groups - see Section A, 118) )

19. Employment status of HOH x regions

Scotland )  
Wales )  
England )  
North )  
Yorkshire and Humberside )  
North West )  
East Midlands ) 20 groups  
West Midlands )  
South West )  
South East/East Anglia (combined) )  
Employment status (2 groups - see Section A, 118) )

'B' continued

20. Employment status of HOH x sample class

Sample class (7 groups - see Section A, page 1)	)	14 groups
Employment status (2 groups - see Section A, 118)	)	

21. Employment status of HOH x income groups

A1 and A2	)	
B	)	
C	)	
D	)	16 groups
E1	)	
E2	)	
E1 and E2	)	
OAP	)	
	)	
Employment status (2 groups - see Section A, 118)	)	

22. (a) Total expenditure for previous week

(b) " family income

(c) Occupation - head of household

(d) Income of head of household

(e) Expenditure during week

(f) "Quantity free" indicator

(g) Total net balance (see section A, questions 8, 13, 18 etc)

(h) Nutrient codes for each person and visitor

(This nutrient code is based on the sex and/or age of the individual and, in the case of male adults (aged 18-64), the degree of activity entailed in their occupation (see note (d), page 3); used for classifying persons according to their nutrient requirements).

NFS Code

1 = Infant (age under 1 year)  
2 = Children, 1 year  
3 = " , 2 years  
4 = " , 3-4 years  
5 = " , 5-6 years  
6 = " , 7-8 years  
7 = Males, 9, 10 and 11 years

[Note: On the tabulations, nutrient codes 1 to 12 are further sub-divided so that details are given for each year of age].

'B' continued

18. (1) NFS code (cont'd)

- 8 = Males, 12, 13 and 14 years
- 9 = " , 15, 16 and 17 years
- 10 = Females, 9, 10 and 11 years
- 11 = " , 12, 13 and 14 years
- 12 = " , 15, 16 and 17 years
- 13 = Males, 18-34 years incl, sedentary
- 14 = " , " " " , moderately active
- 15 = " , " " " , very active
- 16 = " , 35-64 " " , sedentary
- 17 = " , " " " , moderately active
- 18 = " , " " " , very active
- 19 = " , 65-74 incl.
- 20 = " , 75 years and over
- 21 = Females, 18-54 years incl., (except pregnant)
- 22 = " , " " " , pregnant
- 23 = " , 55-59 "
- 24 = " , 60-74 "
- 25 = " , 75 years and over

### C. PURCHASE DETAILS TAKEN FROM LOG-BOOKS

Day of Survey/day of week. A two digit code preceded by a minus sign. the first digit indicates the day of record keeping (eg first day of log will be 1) and the second digit indicates the day of the calendar week (eg Monday = 1, Sunday = 7).

Each item in the log-book is punched in the sequence

- |                  |                        |
|------------------|------------------------|
| (a) pence        | (b) food code number,  |
| (c) quantity and | (d) purchase/free code |

#### Food codes

The food codes are listed in Appendix C to this note.

#### Quantity

Quantities are expressed in ounces, avoirdupois, with the following exceptions -

- (i) Fluid ounces: coffee essences, vegetable juices, fruit juices, vegetable and salad oils, ice-cream, mineral water, soft drinks.
- (ii) Tenths of pints: Milk and cream (powdered and condensed, as liquid equivalents). One-third pint of free school milk is coded as 0.3 pt, two-thirds of a pint as 0.6 pt, and so on, the coded amounts being increased by 10 per cent within the computer;
- (iii) Units. Eggs.

#### Purchase/Free Code

This coding indicates whether the item was purchased or obtained free or at a reduced price.

- 1 = Ordinary purchase  
(eg items obtained from friends and other non-retail sources for which a price - usually reduced - is paid, are coded 1).
- 2 = Free (eg from own garden, allotment; welfare foods).
- 3 = Free from employer.
- 4 = Free from own business, farm, market garden, etc.
- 5 = Reduced price food from employer.
- 6 = Free gifts (these must be home-produced).
- 7 = Withdrawn from stock (must be home-produced and consumed during the Survey week).
- 8 = Free gifts from shops or manufacturers as part of advertisement or sales promotion campaign.



'C' continued

Purchase/Free Code (cont'd)

- 9 = (a) Welfare milk where a recipient has a free entitlement (to ordinary grades), but elects to pay a quality premium (NFS 546).

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Note: Codes 1, 5 and 9 are purchases, except for free welfare milk where code 9 merely records the quantity for which a premium was paid, together with the amount of premium.